



School  
International School

# **ANNUAL REPORT 2017/2018**

## **PRIMARY SCHOOL**

***"Free the child's potential, and you will transform him into the world."- Maria Montessori***

In the primary school, classes range from the Nursery – (age 2 ½) to Grade 4. We are one of the few schools in Sri Lanka who provide students a mixed curriculum comprising Cambridge framework and the national English medium syllabuses from the initial stages. A firm foundation is laid in the primary, nurturing the students to give of their best, and to achieve best results in the competitive examinations held at the end of their school career. Exposure is given to the students from the nursery going up to the higher grades, where practical activities are planned out to teach them facts of educational value.

This year has been a year filled with academic and non-academic achievements. participation in all activities was encouraged causing much enthusiasm and an increase in the number of participants. The primary children and their active, hard working teachers were in the forefront of all the school programs, bringing out the best in each child.

### **Co-Curricular Activities**

Many awards were achieved in extracurricular activities: namely dancing, drama, sports, etc. All co-curricular activities & sports are offered to students of 'Alethea' with qualified staff conducting them. Every child is given the opportunity to join in all school activities, which has been made compulsory to all. The children are encouraged to participate at Zonal, Provincial & District competitions.

### **New Comers Day**

New Comers' day was held on the 11th of September 2017, for Alethea International School and on 15th January 2018 for Alethea School. The new students were given a warm welcome with delightful speeches, song and dance items by the present students. Primary teachers and staff were introduced to the parents. The teachers welcomed them with a token and Mrs. Kumari Hapugalle Perera addressed the gathering after which parents of the new students took part in a traditional breakfast at the end of the ceremony.

### **World Children's Day**

The Primary celebrated World Children's' Day on 3<sup>rd</sup> October 2017. The Children's Day celebration was held in the Senior School with children talking of the history and the importance of the day.

### Grandparents Day

Grandparents' day was celebrated on 20th October 2017. These celebrations were organised in two sessions to accommodate the large response we had from the grandparents of the primary students. We had over 90 grandparents who were treated to a day of music, games and refreshments and there were many competitions also held and prizes given to the guests. At the end of the programme the grandparents were gifted with a framed photograph together with their grandchild which was taken at the entrance.

### Table Manners day

This day was held on the 23rd of October 2017. Students were asked to bring meals that can be eaten with a fork, spoon and knife. The teachers demonstrated how a table is set and how cutlery is used. This routine is now followed every Monday which is labelled 'Healthy food day' and the students use cutlery to have their morning snack.

### Class Excursions

The Nursery students were taken to visit religious places around the area during the first term. A visit to the zoo in the second term and a visit to a Fun Factory during their third term were enjoyed by all. Students of Grade 1I and Grade 1N also visited the zoo as part of their class excursion. They enjoyed the elephant dance and had a picnic in the garden. Grade 2I and 2NA/B visited Pizza Hut. They were shown how to make a Pizza. The highlight of the visit was when the children were treated to their very own pizzas. Grades 3N and 3I visited Kannawila fruit research and development institute in Horana. Here they learnt the basics of tissue culture and germination. Grades 4I and 4N visited the Planetarium.

### Community service projects

The primary organised two projects this year where the students and teachers collected stationary items, shoes and clothes to be gifted to a pre-school in Mullaitivu. Dry rations were collected by the teachers and students and donated to the 'Voice Foundation' to be distributed to the flood victims.

### UN Day

The Primary celebrated UN Day in October. The children took part in the senior school assembly and spoke of the countries they represented. The little dancers presented a beautiful Russian dance.

### The Annual Christmas Party

The children had their Annual Christmas party on 12th December 2017, in the Senior School premises from 3.30-6.30pm. Music, games part food and surprises were in store for all who attended this fun filled event.

### Independence Day

This day was celebrated together with the senior school on the 8th of February 2018 in the senior school premises. The children were all dressed in their national costumes and enthusiastically took part in the day's proceedings.

### Avurudu Celebrations

The Sinhala & Hindu New Year celebrations were held in the senior school premises on a very grand scale in the month of April, 2018, along with the senior school. The children were all dressed in their colourful national costumes and participated in the traditional games and dances. They returned to their classes to enjoy a lovely spread of traditional sweetmeats.

### Annual Sil Campaign

The Sil Campaign was held in the month of June, 2018 with all Buddhist students from Nursery to Grade 4 obtaining sil. All other religious denominations had their respective religious activities on the same day.

### Bakthi Gee

The annual Bakthi Gee programme was held on 15th July 2018, at the Jayasinghe Hall. Primary students presented items of song and dance. There was a marked increase in the number of Buddhist and non-Buddhist students who took part.

### Annual sport meet

The annual sport meet was held on 28th February 2018, at the Mahinda Rajapakse Stadium, Diyagama. The primary students performed a spectacular drill display while the performance of the Primary Band was highly appreciated by everyone present. This year the children participated in an activity based meet which was both colourful and fun.

### Mini Graduation

The Mini Graduation of Alethea School was held on 14th December 2018. Students of grade 4 were promoted to the Senior School and the Nursery students were promoted to Grade 1. Ms. Kumari Hapugalle Perera, CEO/MD of Alethea, was the Chief Guest at this ceremony.

### Drama Competition- Sinhala

The Sinhala drama competition was held at the Jayasinghe hall on the 8th of June 2018. The children's acting was of very high standard and impressed the judges with their performance.

### Art Exhibition

The Art exhibition titled "Wondeland of Alethean Art" was held on the 7th of July, 2018 and was a resounding success. It was graced by our Chief Guest Mrs Saumya Jayasekara, who was impressed by the talent that Alethea possessed. Each grade had a theme and every piece of art and craftwork was based on those respective themes.

### Parents' Special Meetings –

Grade-wise meetings for the parents were held to discuss any concerns they had and to improve the standards of teaching in the primary.

## **LEARNING RESOURCE CENTRE**

***"Just like the beautiful flowers in a garden God's Children come in different shapes, sizes, colours and abilities. Yet like the flowers, each one is beautiful and has his or her own special gift to offer the world. Unfortunately, the world seems to accept only those who conform to its dictates."***

Approximately 800 million young children worldwide are affected by biological, environmental and psychosocial conditions that can limit their cognitive development. In Europe, recent estimates place the number of children with Special Educational Needs (SEN) at 15 million. SEN is not a disease. It is a correctable deviation of a child's psychological being, which can be normalized to a greater extent the sooner it is identified and accepted by both parents and teacher alike.

The Learning Resource Centre (LRC) of Alethea School and Alethea International School is a centre for children with Special Educational Needs (SENs). It is headed by Ms. Sharon Fernando and supported by Ms. Yoga Ravi, Ms. Natalia Peiris & Ms. Thahani Chamba,

At the LRC the teachers aim to identify students who face challenges in their education as well as their well-being in order to provide them with the necessary skills to reach their potential by working with their individual strengths, empowering them to become an active member of society. The teachers provide a caring community that meets the students' diverse academic, social and emotional needs.

The LRC places emphasis on the following:

- Employ special educational strategies and techniques during lessons to improve students' language, cognition and memory.
- Help students acquire socially acceptable behaviour as determined by their Individualized Education Plans (IEP) by employing techniques in a positive behavioural support system.
- Modify the general education curriculum for students with Special Educational Needs so that they benefit from classroom instructions.
- Integration of IT skills and Life Skills Training in to their IEPs.
- Develop plans for effective communication for students in the classroom setting.
- Meet with parents to discuss their child's progress and to determine priorities for their IEPs.
- Provide counselling for students with behavioural and emotional problems.

At the conclusion of the academic year July 2017 the LRC comprised 26 students as follows:

Section	Number of Students
Primary School	15
Senior School	5

Robert John Meehan said, "Every child has a different learning style and pace. Each child is unique, not only capable of learning but also capable of succeeding." That is our mission at LRC and we are committed to achieving it.

## **ANNUAL EVENTS**

### **• Annual School Concert**

The annual concert was held in November 2017, at the Bishop's College Auditorium. The participants ranged for 2 ½ year olds to 19 year olds. The first half of the programme saw the entire primary school on stage as they sang, danced and performed much to the enjoyment of all present. The latter half of the programme was transformed into a cultural celebration by students of the middle and senior schools with a kaleidoscope of dance, song and drama. Needless to say it was an unforgettable night.

### **• Independence Day**

To mark the importance of this day a special assembly was held in the senior school premises on 8th February 2018. Students of the primary were dressed in national costumes and actively participated in speeches, traditional dances and skits along with students of the senior school whose presentations were commendable. The national day celebrations concluded with a message from the chairperson Mrs. Kumari Hapugalle Perera.

- **Sports Meet**

The Annual Inter-house Athletics meet was held on the 28th February 2018, at the Mahinda Rajapakse Stadium, Diyagama. Two days of heats preceded heavy competition, which was visible on the final day. All athletes exhibited true sportsmanship and took part with enthusiasm.

- **Avurudu Celebrations**

The Sinhala & Tamil New was celebrated in the senior school premises with the participation of the School management, teaching and non-teaching staff, support staff and children. The occasion was celebrated with much enthusiasm giving prominence to the Sinhala and Tamil cultural heritage. The young and the old, equally enjoyed the lively competitive events.

- **The Annual Christmas Party**

The middle school had their Annual Christmas party on 12th December 2017, in the Senior School premises. This annual celebration was well attended by a large number of students who enjoyed the various games, activities and food which were organised by their respective class teachers.

- **Class Excursions**

Students in both the middle and senior school were taken on class excursions and field trips, which were carefully planned, bearing in mind the age group, number of students and relevance to curriculum. In most classes students participation ranged from 90 – 100%. Class teachers and a few subject teachers accompanied the students. Places of historical significance were chosen as the destination by many classes.

## **ACADEMIC ACHIEVEMENTS - ALETHEA INTERNATIONAL SCHOOL**

***“It is the mark of an educated mind to be able to entertain a thought without accepting it.” Aristotle***

### **Cambridge International Examination – London**

We owe our gratitude to Ms. Panchalika Kulatunga -Schools Development Manager – CIE Sri Lanka for her continuous assistance and support rendered to us throughout the year. CIE provides our teachers with continuous training in their professional development and updates all changes in specific subject areas, so that the students are exposed to a rigorous learning process in order to fit into a competitive world.

### Cambridge Examinations May/June 2018

19 students sat the G C E (O/L) Cambridge (CIE) – May June Examination this year and have done the school proud with very good results in all subjects. We are proud of our Aletheans, most of who have been with us from their early years. Today we celebrate their success and I wish them the very best as they pursue their advanced level education in Alethea and firmly believe that they will do their school proud and remain loyal at all times.

#### **G.C.E Cambridge O/L Examination May – June 2018(Subject wise summary)**

<b><u>Subject</u></b>	<b><u>%</u></b>	<b><u>Teacher</u></b>
English Language	100	Ms. Nirosha Navaratnam
Mathematics	95	Mr. Thanjana Chamikara
Environment Management	90	Dr. T.G.A Sisira
Economics	90	Ms. Sujatha Perera
Business Studies	100	Ms. Nishanka Pitadeniya
Principles of Accounts	88	Ms. Aadila Hassim
Physics	88	Dr. T.G.A Sisira
Biology	100	Mr. Keifer James
Chemistry	100	Ms. Nishani Thenabadu
Literature in English	100	Ms. Nirosha Navaratnam
Computer Science	100	Ms. Navomi Handawela
Sinhala	100	Ms. Ellen Kumarasinghe

Our best wishes and congratulations to the following students who obtained the best results:

Denise Pronk 4A\* & 3A

Miran Kurukulasuriya 2A\*, 5A & 1B

Nirushan Nalravi 3A\*, 3A & 1B

Eamaan Rasheed 2A\*, 3A & 2B

#### **G.C.E Cambridge AS Examination May- June 2018 (Subject wise summary)**

<b><u>Subject</u></b>	<b><u>%</u></b>	<b><u>Teacher</u></b>
Physics	80	Dr. T.G.A Sisira
Biology	100	Mr. Keifer James
Chemistry	100	Mr. I.A Wickramaratne
Computer Science	100	Ms. Apsara Gunaratne
English	100	Ms. Nirosha Navaratnam

### G.C.E Cambridge AL Examination May- June 2018 (*Subject wise summary*)

<u>Subject</u>	<u>%</u>	<u>Teacher</u>
Physics	86	Dr. T.G.A Sisira
Biology	100	Mr. Keifer James
Chemistry	100	Mr. I.A Wickramaratne
Computer Science	80	Ms. Apsara Gunaratne
English	100	Ms. Nirosha Navaratnam

Our best wishes and congratulations to the following students who obtained the best results:

Thisalee Anthony            1A\* 2A  
Afrah Sinhawansa            1A\* 2A

- Cambridge High Achievers Awards Ceremony –November 2017

Two of our students brought much credit and pride to Alethea, when they were recognised for their outstanding results at the Cambridge High Achievement Awards Ceremony which was held in November 2017.

- Manish Sureshkumar was awarded the best result across the board ( G.C.E Advanced Level examination May 2017)
- Shanaya Amath was awarded the high achievers award for English (Advanced Subsidiary Level G.C.E AS level examination May 2017)

Our heartiest congratulations to both these students who have now begun their university education in India and Malaysia respectively, and we wish them the very best in their future endeavours

### **Edexcel Examinations London**

Our heartfelt thanks go out to Premila Paulraj Regional Director Pearsons South Asia, and her efficient team, who have gone out of their way in promoting Edexcel examinations as well as training programs for teachers.

Each year Alethean students who continue to express a keen interest in art and design are prepared for the exam conducted by Edexcel Examinations London. Our students sat the IGCSE Art and Design as well as selected subjects at Advanced Level which were administered successfully.

**IAL Examination AS (Edexcel) May/June 2018 (Subject wise summary)**

<u>Subject</u>	<u>%</u>	<u>Teacher</u>
Mathematics	75	Mr. Asiri Bandara
Economics	86	Ms. Sujatha Perera
Principles of Accounts	100	Ms. Aadila Hassim
Business Studies	100	Ms. Nishanka Pitadeniya

**IAL Examination AL (Edexcel) May/June 2018 (Subject wise summary)**

<u>Subject</u>	<u>%</u>	<u>Teacher</u>
Mathematics	100	Mr. Asiri Bandara
Economics	88	Ms. Sujatha Perera
Principles of Accounts	67	Mr. Chinthana Saputhanthi
Business Studies	100	Ms. Nishanka Pitadeniya
Psychology	100	Private

**Best Results**

Ayesha Jawed	3A (AS Level)
Thisalee Anthony	2A
Afrah Sinhawansa	1A*

**British Council**

Our heartfelt thanks to the team at British Council for their continued support in assisting us with all administrative work relating to London examinations, and training programmes for teachers and students. I must make mention of Mr. Simon Creasey - Country Examinations Manager whose timely help and advice is invaluable to us. My sincere thanks to Amila Livera for his assistance and support extended at all times

## ACADEMIC ACHIEVEMENTS - ALETHEA SCHOOL

**“The educated differ from the uneducated as much as the living differs from the dead.” Aristotle**

My congratulations go out to all the high achievers and teachers who worked tirelessly round the clock and have done Alethea proud with excellent results once again.

### **G.C.E Local A/L Examination August 2017 (Subject wise summary)**

<u>Subject</u>	<u>%</u>	<u>Teacher</u>
English	100	Mr. Sultan Ahamed
Economics	80	Ms. Kajini Hapuarachchi
Principles of Accounts	80	Mr. Chinthana Saputhanthi
Business Studies	100	Ms. Apsara Gunaratne
Computer	100	Ms. Navomi Handawela

Our best wishes and congratulations to the following student who obtained the best results:

Uvindu Ratnayake                      5A

### **GCE Ordinary level examinations – December 2017 (subject-wise summary)**

<u>Subject</u>	<u>Subject Teacher</u>	<u>%</u>
Buddhism	Ms. Anusha Rambukwella/ Ms. Harshini Madurika	95
Christianity	Mr. Quintus De Silva	100
Islam	Ms. Aadila Hassim	100
Hinduism	Ms. Mahendra Krishnavehny	100
Sinhala Language & Lit	Ms. Anusha Rambukwella / Ms. Harshini Madurika	95
English Language	Mr. Sultan Ahamed	100
Mathematics	Mr. Thanjana Chamikara	83
History	Mr. L.Z.T.M.B Sooriyabandara	95
Science	Ms. Iresha Fernando	95
English Literature	Mr. Sultan Ahamed	100
Dancing	Ms. Janadari Salgado	100
Art	Mr. Sandun Kudaligama	100
Business & Accounting	Ms. Aadila Abdul	92
IT	Ms. Navomi Handawela	100

Our best wishes and congratulations to the following students who obtained the best results:

- Sajeenthiran Parameswaran 9A
- Mandini Silva 9A
- Nizma Ashraff 8A & 1B
- Dineth Madurange 7A & 2B
- Sidrah Yooseph 7A & 2B
- Ishani Dias 7A & 2B

## TEACHER TRAINING PROGRAMS

**"Knowledge is learning something every day." Zen Proverb.**

Alethea's strength lies in its academic staff and therefore international and national training programmes are provided to our teachers. Teachers who handle the London examinations attend face to face and online training workshops organised by both Cambridge and Edexcel Board of Examinations. These workshops and seminars were conducted during September – October, February – March and May-June

### ● **International Curriculum – Teacher Training Programmes**

<b>Subjects</b>	<b>Teachers</b>
GCSE Mathematics	M. Tanjana Chamikara
GCSE Geography	Dr. T.G.A. Sisira
GCSE Chemistry	Ms. Nishani Thenabadu
GCSE Biology	Mr. Keiffer James
International Advanced Level Mathematics	Mr. Asiri Bandara
International Advanced Level Economics	Ms. Sujatha Perera
Autistic Disorders	Ms. Natalia Peiris, Ms. Yoga Ravi, Ms. Thahani Chamba

### ● **National Curriculum - Teacher Training Programmes**

Alethea being a Government recognized private School is entitled to the facilities of Teacher training and free books. Our thanks go out to the District Education Office and the Piliyandala Zone Education office for organizing various training programmes in updating the teacher knowledge in the National curriculum. During the course of the academic year, all teachers who handle various subjects attended workshops and seminars in order to familiarise themselves with the changes introduced to the new curriculum.

- **TISSL – Conference**

The 5<sup>th</sup> annual TISSL conference was held at Blue Water Waduwa from the 17<sup>th</sup> to the 19<sup>th</sup> of November 2017. Heads of School and Heads of departments attended this conference which included eminent speakers of international calibre who spoke on various aspects of the role of educators in the field of education.

- **TISSL Heads Education Visit - Australia**

Ms. Anitra Perera, Managing Director and Mr. Pranath Fernando Management Coordinator, were part of a team of school heads representing various international schools that visited top universities in Australia from the 8<sup>th</sup> – 18<sup>th</sup> April 2018. This visit enabled them to liaison with universities directly and discuss programmes for students after completing their Advanced Level studies.

## **CO – CURRICULAR ACTIVITIES**

- **Art Society ‘Creators World’**

**“Art is man's constant effort to create for himself a different order of reality from that which is given to him.” Chinua Achebe**

**Teacher In Charge:**

**Ms. Amanda Kuruvita**

The year under review was an eventful one for the art society aptly known as Creator’s World, beginning with the appointment of new board members. Under the efficient guidance of the Art teachers a relatively young set of board members have shown keen involvement in the activities of the school.

The SAurudu ceremony “soorya sankranthiya” held on April 06 2018 involved beautiful décor by the art society. With “the sun” at the centre of the theme the art society created invitation cards, and an entire village (including traditional Sinhala & Tamil houses. The primary school design the décor for the entrance.

The creativity and innovative skills of the society were evident in the decorations put up at the annual Pirith ceremony and at the Bakthi Gee.

- **English Department**

**“One Language sets you in a corridor for life. Two languages open every door along the way” Frank Smith**

**Teacher In Charge:**

**Ms. Nirosha Navaratnam**

*“Language is the blood of the soul into which thoughts run and out of which they grow.” ~Oliver Wendell Holmes*

The English Department has consistently worked towards equipping students with the necessary tool to shape their world. The English language, also known as the 'International language' brings with it, its set of rules and exceptions and complexities in understanding and applying the language.

At Alethea, the primary, middle school and senior school English language teachers work in collaboration to ensure a smooth and uninterrupted delivery of academic work. Students are trained to perfect the use of Standard English in their speech and written work while great emphasis is placed on creativity and imagination. To facilitate this, the faculty uses a variety of resources ranging from books, worksheets, group activities and audio/video aids to enhance learning.

We are proud to place on record that we have successfully sent two batches of students for English language at AS and A levels based on the Cambridge International curriculum. Based on the June 2017 session Shanaya Amath was recognised at the Cambridge High Achievers Awards for English Language at AS Level. It is our hope that more students will opt to study English in the future at the advanced level.

Apart for the academic teaching, which is periodically assessed through unit tests and term tests, students are given the opportunity to take part in myriad activities which allow them to practice the English language. The following competitions were held during the academic year under 4 different categories (primary/junior/intermediate/senior):

1. Creative writing
2. Spelling
3. Oratory
4. Debate ( senior only)

These competitions provide students with different channels through which they can express themselves. Many upcoming writers, poets, playwrights and orators have been discovered and it is our desire that they will use their skills to shape the world they live in.

After all "To have another language is to possess a second soul." –Charlemagne

- **Commerce Society**

*“Money, not morality, is the principle commerce of civilized nations.” Thomas Jefferson*

**Teachers in Charge:**

**Ms. Sujatha Perera & Ms. Nishanka Pitadeniya**

During the Academic year September 2017 to August 2018, The Commerce Society conducted the following events:

1. O/L seminar Series

A seminar was organized for the third consecutive year by the Commerce Department on the 3rd of October 2017. Many invited schools were present at the seminar amounting to about 300 students. The core subjects - Maths, Sinhala and Science were included in the seminar. The seminars were conducted by a well experienced panel of teachers

2. Visit to Stock Exchange

The senior students were taken to the Colombo Stock Exchange on the 12th of March 2017. They had a lecture on Capital markets and the students had an opportunity to have a discussion with the lecturer after which, they were exposed to the trading floor and got a practical experience on how the Stock Exchange functioned.

3. Holcim Factory Visit

The Commerce students of the senior school were taken to the Holcim Cement Factory Galle on 15th May 2018. They were shown the production and packaging process of cement where they learnt the practicalities of business management.

4. A Lecture on “ Speak up”

A Guest Lecture was organized on the 22nd of June 2018 by the commerce department on public speaking. The lecture was conducted by Miss Chathushika Wijesinghe, a Project Officer at World Bank.

It was successful year for the Commerce Society where the students gathered a wealth of knowledge both theoretical and practical, which will certainly help them in their future endeavours.

- **Humanities Department**

**History Day**

This colourful event was held on December 12, 2017 in the senior school premises. The historical eras were presented, class - wise from primary 4 to Middle School. The event was well presented and organized by the Humanities Department. Geography was introduced to grade 10 National classes from January as an optional subject. The text books were revised to keep up with the new curriculum for National and International schools.

- **Sinhala Literary Society**

**Teachers in Charge: Ms. Ellen Kumarasinghe & Ms. K. N. Harshini**

During the Academic year September 2017 to August 2018, the Sinhala Society conducted the following events.

1. Guest Lecture on “Appreciation on Art & Sinhala Literature”

This was conducted by Mr. Praneeth Abeysundara, a well renowned senior lecturer, from the University of Sri Jayewardenepura

2. “Energy Saving tips Competition “conducted by Ceylon Electricity

Abdul Cader of Grade11 N obtained second place and received a certificate and a cash award.

3. Bulletin board “KATAPATH PAURA”

Students of Grade 7 and 8( National curriculum) prepared articles, artwork and poems to display on the board. The aim of this board was to encourage students’ creativity and to improve their writing skills.

4. Zonal Competition conducted by the Piliyandala Zonal Education office (Reading, Recitation, Writing & Oral)

Students from grade 6- 13 participated in these competitions. Special mention must be made of Sudari Ratnayake, who was placed first (all island) in literary skills and second at National Level. Sudari won 3<sup>rd</sup> place in Sinhala Creative writing and won a Merit Award in language skills in an all-island competition for the academic year 2017.

5. Formation of Junior Literature Association

This society was formed, in order to improve public speaking, presentation skills and stage presence.

6. Annual competitions held during the year:

7. Inter House Drama Competition Junior & Senior

8. Spelling Bee competitions - Primary, Intermediate, Senior

9. Essay writing - Primary, Intermediate, Senior

10. Inter House Debate

11. Students of grade 8 - 11 were taken to watch the film “ Yashodara” to learn more about Sri Lankan Film Industry and the history of Buddhism

12. A Discussion on Appreciation of Literature was conducted by Mr. Asiri Bandara for students of grade 10 & 11

13. Students of Grade 6 & 7 took part in the “ Kiyawanno Dinanno” Competition organized by the Piliyandala Zonal Education Office.

Tharul Kunava of grade 6N and Vethum de Silva of grade 7N were placed 1<sup>st</sup> a school level. Vethum de Silva was thereafter placed 1<sup>st</sup> at provincial level and will be taking part in the All Island competition later this year.

14. Competitions held by the “Divisional Secretariat office - Dehiwela  
Twelve students took part in essay writing and poetry recitation and the winners are as follows: Recitation

1 <sup>st</sup> place	– Jayali Kalubowila
2 <sup>nd</sup> place	– Hamdaan Hafiz
3 <sup>rd</sup> place	– Nonimi Nimnadi
1 <sup>st</sup> place	- Senumi Kaluarachchi
2 <sup>nd</sup> place	– Dashan Wickramaratne
1 <sup>st</sup> place	– Guwan de Silva
2 <sup>nd</sup> place	– Vismith Sashik Aluthgamage
3 <sup>rd</sup> place	– Chethana Karunathilake

- **Science and ENV Society**

**Teacher in charge:** Mrs. Juwanita Simion

The new board was elected on 7th May 2018

President: Denise Pronk

Vice president: Nisuli Hettiarachchi

Treasurer: Leora Nanayakkara

Coordinators: Chamu Thenuja, Jennifer De silva

Two committee members from each class were also appointed.

Students of Grade 10N baked cake in the shapes of plant and animal cells under the theme “Learning Science is Fun” which was held on 18 May 2018. Students from grade 5 to 10 started working on their projects for the science exhibition, which is scheduled for the next academic year. A school clean-up was carried out on 25th June 2018, where the corridors and the garden of the senior school were cleaned by the middle school students.

- **UN Club**

*“Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop. “Dorothy Height*

**Teachers in Charge:** Ms. Navomi Handawela

**President:** Shanaya Amath

**Student Coordinator:** Jordan Nanayakkara

**Student Coordinator:** Rometh Suriyarachchi

The UN Club has continued to provide a secure platform for students who wish to expand their horizons beyond mere classroom learning. Members are given ample opportunities to speak, debate and discuss world issues while maintaining diplomacy and decorum.

The UN Club has had an active year starting off with the Annual UN day which was celebrated on the 2nd November 2017, in the senior school premises. This year the students focused on “Human Rights” and conveyed a powerful message through a presentation and a skit.

Sri Lanka Model United Nations 2018 - 11<sup>th</sup> Annual Session

Student representation in committees:

Delegate	Country	Committee
Haren Dissanayake	Fiji	Economic And Social Commission For Asia Pacific
Shanaya Amath	-	International Press corps
Andrew Bernard	Ethiopia	Security Council
Jordan Nanayakkara	Ethiopia	Human Rights Council
Rometh Suriyaarachchi	Ethiopia	International Organization of Migrants
Shakeel Amath	Ethiopia	United Nations Environment Programme
Onella Jefa Thambidurai	Fiji	General Assembly Plenary
Hansikka Muraleetharan	Ethiopia	General Assembly Plenary
Kenula Kandanaarchchi	Ethiopia	UNICEF
Rumana Farwin	Ethiopia	World Intellectual Property Organization

This program consisted of a workshop, 2 practice debates and 3 days of conference as follows.

Workshop	:	05th Aug at Ladies College, Colombo
Practice debates	:	11th and 18th Aug at APIIT, Colombo
Conference	:	31st Aug to 2nd Sep at BMICH

Our team was led by Shanaya Amath (President of the UN Club), Jordan Nanayakkara (Student Co-coordinator) and Rometh Suriyaarachchi. The delegates were well prepared with the practice debate topics as well as the conference topics together with their Foreign Policy Statements.

Our senior delegates, Andrew, Haren, Shanaya, Jordan and Rometh performed very well during all sessions. They were well focused and were recognized by their respective head tables. In the same way Kenula and Rumana showed much promise despite their lack of experience and performed commendably.

I am very proud to place on record Shanaya Amath who won the award “Member of outstanding news agency”.. All other delegates received certificates for actively participating in the SLMUN 2018 conference.

One of our past Aletheans Sidra Yusuf, has been selected to be a part of the Executive Committee as the Vice President of International Organization of Migrants.

- **The Gavel Club**

**Teacher in Charge: Ms. Oushala Uggoda**

With the commencement of the new academic year the Gavel Club appointed the new committee, headed by Ms. Oushala Uggoda Teacher in Charge and President of the club Mohammed Rahman to steer the way towards a successful year. This year turned out to be a competitive year as the members of the Gavel club took part in many oratory competitions.

The 3rd annual Speech Contest was held on the 31st of October 2017. The Competition was conducted under 4 categories: Primary, Junior, Intermediate and Senior. The preliminary rounds were conducted from 23rd October onwards to select the best students to compete in the finals. The Finals comprised of 20 contestants 5 from each category. The contest was judged by a group of Toastmasters headed by Mr. Hafiz who was highly impressed with all the speakers.

Members of the Gavel Club took part in the Inter School Announcing Competition (ISAC) organized by broadcasting unit of Ananda College in the month of October 2017 under two categories Junior and Senior. Shanaya Amath was placed among the top three.

Members of the Gavel Club took part in the preliminary round of the Koobits Public Speaking Contest which was held on the 6th of July 2018. The Contest was adjudicated by officials from Koobits School of Speech and Drama. Two students from each category (Primary and Junior) were selected to compete in the finals which is yet to be held.

- **Prefects Guild**

**Teacher in Charge: Mr. Pranath Fernando**

**Head Prefect: Andrew Bernard**

**Deputy Head Prefect: Apoorwa Kaulbowila**

The New Guild was inducted in September 2017. Andrew Bernard was appointed as the Head Prefect. Apoorwa Kaubowila was appointed Deputy Head prefect and Tatiana Direckze as the Games captain to lead the new guild.

During the course of the year the guild was actively involved in all school events exhibiting great teamwork and leadership skills.

- **The Interact Club**

**Teacher in Charge: Mr. Sultan Ahamed**

The interactors have had yet another eventful year with various programmes and events, some of which were organised internally, while others involved working with other schools.

1. Project INSPIRE

This project was organised by the Interact club on the 14th of September 2017, with the prime motive being to enhance the leadership qualities of our students and increase their level of confidence in public speaking. Miss. Chathushika Wijesinghe, a toast master with years of experience was the guest speaker.

2. Project INTER-ACTIVE

This project was organized as the 2nd annual Inter-Active which was held on the 6th of August 2017.

3. Project 3RD INSTALLATION CEREMONY

The 3rd Installation ceremony of the Interact Club of Alethea International School was organised by the club itself and it was held on the 7th of November 2017 in the School premises from 2.30pm to 4.30 PM. The project objective was to appoint the new board for the years 2017/18.

4. Project BASKETBALL CARNIVAL

This project was organized by the Interact club on the 1st of August 2017. It was an inter-class basketball tournament organized for the students of Alethea school and Alethea International School. The vision behind this project was to help Aletheans discover their hidden talents and promote sport as a great form of stress relief activity.

5. Project FANTASIA 2017

This project was held on the 23rd of September 2017. It was a large scale carnival targeted at all the youth in Colombo. The purpose of this project was to make a substantial profit in order to invest in other future projects organized by the club. The event was attended by approximately 450 – 650 people.

6. Project QUENCH

Project “Quench” was a stall organized by the Interact Club of Alethea International School in conjunction with the Rotaract Club of IIT, who were the main organisers of “HOTDOG SHOWDOWN”. It was held on the 17th of February 2018 at Green Path Colombo.

7. Project THIRST

Project “Thirst” was a financial project organized by the Interact Club of Alethea International School, which was held on the 23rd of March 2018. This relatively small scale project was organised so that new members could gain experience on how to organize and execute interact projects.

#### 8. Project TRASH HUNT 2017

TRASH HUNT 2017 was organised by the Interact Clubs of Alethea International School and Royal Institute, held on the 15th of August 2017 in the Dehiwala beach from 2:30 PM to 6 PM. The project's objective was to clean the beach around the Dehiwala-Mount Lavinia area, thus making it a green life project.

#### 9. Project TEACHERS' DAY 2017

TEACHERS' DAY 2017 was a non-profit project organised by the Interact club in collaboration with the prefects' guild. The project was held on the 16th of October 2017 in the school premises from 2.30pm to 4.30pm. The project's objective was to portray our appreciation to the teachers.

#### 10. Project SAVE US

"Save Us" was organized by the Interact Club of Alethea International School and it was held on the 14th of November 2017 in the school premises from 2.30pm to 4.00pm. It was a Non-Financial project aimed to spread awareness about Mental Health, Mental illnesses etc. The speaker of the seminar was Ms. Shanika Khan (Senior Lecturer – Colombo Institute of Research & Psychology), who enlightened the students on a few key areas such as the importance of Mental Health, causes of Mental illness and its symptoms and how to help individuals who may have such problems.

#### 11. Project SPEAK UP

Project "Speak Up" was organised by the Interact Club of Alethea International School on the 14th of December 2017. This non-financial project was carried out in order to donate three microphones to our school in order to improve the quality and clarity of the existing sound system.

- **Active Citizens**

**Teacher in Charge:**

**Ms. Apsara Gunarathne**

This new club which was initiated last year saw 60 teachers completed the AC journey before moving on to the Alethea GO Green project where the entire school got together in recycling and planting. Both the primary and upper school are now decorated with flower plants which are taken care of by the students.

1. The second batch of Active Citizens had 32 registrations but only 12 completed the journey. The first batch of ACs mentored the second batch. Their social action project is to implement a metal detector at the entrance of the school in order to make school a safe place for everyone.
2. Spring day out camp –The main aim of this program was to build collaboration between the students in both the national and international schools and to encourage them to participate in social action projects.
3. On the 20<sup>th</sup> of November 2017, Alethea was invited to make a short presentation at the Cambridge School principals forum on the Active

Citizen's program - success story. Ms. Anitra Perera and Ms. Apsara Gunarathne represented the school.

4. A workshop on 'cyber-crimes and children' was organised for parents, teachers and children. Hans Billimoria a social activist and member of Grassroots addressed the adults in one session and worked with the students separately. All who attend this programme found it to be both informative and educational.

### **RELIGIOUS SOCIETIES**

***"Compassion is not religious business, it is human business, it is not luxury, it is essential for our own peace and mental stability, it is essential for human survival." Dalai Lama XIV***

- **Buddhist Society**

**Teachers in Charge:**

**Ms. Kajini Hapuarachchi**

During the Academic year September 2017 to August 2018 the Buddhist Society of Alethea School and Alethea International School organized and assisted the school in the following events.

1. "Waru Pirith Pinkama"

The Buddhist Society of Alethea organized a 'waru pirith pinkama' on 29th & 30th January 2018 to obtain blessings of the noble triple gem for the School Management, Students, Academic staff and non-academic staff. A Heel dana pinkama also took place on the 31st for 10 monks

2. "Suyra Sankranthiya" ( New Year Celebrations)

The Buddhist Society of Alethea with the assistance of the Management of the school organized the New Year Festival. Various activities, events and traditional games were arranged along with the laying of the traditional New Year table for the Alethean staff. The society contributed towards prizes for the first three places of the class events and for the few open games for students as well as for the teachers.

3. "Vesak Week Programme"

In order to commemorate the Vesak festival a special Boodhi Pooja pinkama was organized to bless the Management, Academic and Non Academic staff & students. Classrooms were decorated for the occasion and Grdae 8N was adjudged the best decorated class.

4. Poson Sil Programme

The Annual Sil Programme was conducted in the temple premises with sermons, question and answer time and bana sessions. A few senior students were given the opportunity to speak on "Singalowadha Suthra." highlighting the duties and responsibilities of members of the society. This year, there was an increase in the number of students who observed sil. The society provided breakfast and refreshments for all participants.

#### 5. All Night Pirith Ceremony

This was organized especially to invoke the blessings of the triple gem on the Management, the new investors, Academic and Non-academic staff and students in commemorating the 90th Anniversary of the School.

Students from all the religious societies participated for the event and the Pirith ceremony was followed by Heel Dhana for 17 priests from Sri Maha Bodhi temple & Widya Wardane Piriwena.

#### 6. Sadaham Gee sisila` ( Bakhti gee Programme)

The Annual Esala Bakhti gee programme was conducted at the S.De.S.Jayasinghe hall in Dehiwela from 5.00 pm to 7.30 pm. The primary school and the senior school sang devotional songs. The staff also actively participated in the singing of sacred songs. Two dance items were performed by the Aesthetic Department. A skit on `Kisa Gothami` was also performed.

- **Christian Society**

**Teacher in Charge:**

**Mr. Quintus De Zilwa**

The way of the cross a traditional Lenten practice was held under the guidance of Assistant Parish Priest of St. Mary's Church, Dehiwala. The management, heads of school, teachers parents and students participated in the service.

As part of the founders say programme, the Christians students along with the staff watched the movie "exodus" after which themed discussions took place.

During the course of the year, the senior students with all other Christian teachers took turns in conducting the religious assembly with much variety and enthusiasm.

- **Hindu Society**

**Teacher in charge:**

**Ms. M. Krishnawerny**

The Saraswathi Pooja ceremony was held on 9<sup>th</sup> October 2017 in the school premises and was attended by the management, Heads of School, members of the staff, parents and students. The programme commenced with the lighting of the traditional oil lamp. A priest, who invoked blessings on the school, performed the special Pooja. Regular religious worship and prayers were conducted, every Monday morning for all Hindu students during the course of the year.

- **Islamic Society**

**Teacher in charge:**

**Ms. Aadila Hassim**

**President:**

**Shamara Sahill(2017)**

#### 1. Islamic/Brotherhood Day – October 2017

The **31<sup>th</sup> Islamic Brotherhood Day** organized by the Islamic Society of Alethea School and Alethea International School was successfully held on the **31<sup>st</sup> of October 2017**

from 6pm onwards at the Bishops College Auditorium with over 350 guests and 15 invited schools. The Chief Guest of the event was Sheikh Umar Yoosuf.

## 2. Ifthar – June 2018

The Annual Iftaar Ceremony organized by the Islamic Society of Althea was held on the 06<sup>th</sup> of June 2018 at the senior school premises. This year the society set high standards by hosting an eventful, grand ceremony with the participation of over 200 students and teachers of different beliefs. The Guest Speaker of the event was Mr. Kamil Hussain.

## 3. Charity Project

The surplus made by the society was donated to an elder's home at Makola. The students, accompanied by the teachers in charge visited the elders home and spent quality time with them.

### **EXTRA CURRICULAR ACTIVITIES**

***“Having children of different races in the same environment is one thing, but having them interact with each other while playing, and participating in extracurricular activities and also building friendships — that's just phenomenal. Our nation has come so far in such a short time.”***

***Angela Crawford***

- **Dancing**

**“Dance is the hidden language of the soul” Martha Graham**

#### **Teacher In Charge:**

**Ms. Janardari Salgado**

The aesthetic department had a colourful and eventful year with a range of events, programmes and competitions, which brought out the best in the dancers of all age groups.

Glimpse of our performances

1. Welcome item for the students on New Comers' Day on the 11th of September 2017 and 11<sup>th</sup> January 2018
2. The Pooja dance “Musaladi Wannama” was performed at the Annual Prize Day 2016
3. Inter-international Dance competition, organized by Alethea International school.  
1st runners' up : Kandyan Dancing  
1st runners' up : Folk Dancing (best Junior group)  
2nd runners' up : Fusion  
1st runners' up : Hip-hop  
1st place : Bollywood
4. Dancers took part in the History day celebrations

5. At the annual cultural night 2017 a total of 18 dance items were performed with the addition of a special item by the staff.
6. A dance drama called “Nidahas Sithuwili” with 90 students representing all three categories namely junior, intermediate and senior on the 8th of February 2018 for National Independence Day celebrations.
7. A special performance as the opening item at “The Scouts’ Colours Night”.
8. Dancers performed “Soorya Mangalya”, at the “Awurudu Festival” of the school.
9. Junior and senior Oriental Bands played a significant role at the annual sports meet

- **Choir**

**“Where words fail, music speaks.” Hans Christian Andersen**

**Teachers In Charge: Ms. Dharishika Bandara & Mr. Pranath Fernando**

The school choir had an eventful year, as various members were given the opportunity to take part in competitions, and cultural programmes. Many aspiring soloists were identified during the course of the year at the singing competitions conducted in school. The choristers focused on harmonizing and four-part singing and have shown great improvement in their ability to sing as a group.

- **Scouting**

***“Scouting rises within you and inspires you to put forth your best.” Juliette Gordon Low***

**Teacher In Charge(Boys): Mr. L.M.Z.T Sooriyabandara**

**Teachers In Charge(Cub): Ms. Harshini Madurika, Mrs. Oushala Uggoda**

**Cub Scout Akela: Mrs. Nathalie Win (Phase II)**

The Alethean scouts have had a very eventful year with an increased participation in community projects, fund-raisers and scouting activities.

1. Twenty scouts took part in the Commemoration of National Coastal and Marine Resources Conservation week September 16, 2017 which was organized by The (MEPA), Mahaweli Development & Environment with the assistance of the Sri Lanka Tourism Promotion Bureau & Tourism Development Authority.
2. The Land and Air Troops participated in the Mayor’s Flag competitions organized by the Colombo district on the 23<sup>rd</sup> of September 2017 at Payagala.
3. The Children’s day Program was held on the 4<sup>th</sup> of October at Dehiwela Central College with a total of 19 scouts taking part.

4. A few scouts took part in the Dirijaya Pratiba programme held at the Nelum Pokuna on the 21<sup>st</sup> of October.
5. At The Silver Flames Campfire organized by Nalanda College on the 28<sup>th</sup> of October, a total of 12 scouts actively participated.
6. 9 scouts and 4 parents participated in the Thurstan College campfire on the 3<sup>rd</sup> of November.
7. 21 Scouts took part in the Rahula College Hike, which took place from the 3<sup>rd</sup> – 5<sup>th</sup> November and consisted of 2 Observation teams and a Challenge team.
8. The Annual District Carol service was held on the 1<sup>st</sup> of December with 15 scouts taking part.
9. The 2<sup>nd</sup> Annual Cricksal tournament was organized on the 7<sup>th</sup> of December with much success at the Saranankara grounds with the participation of girls' teams for the 1<sup>st</sup> time.
10. The 52<sup>nd</sup> Annual Colombo Camporee took place from the 9<sup>th</sup>- 13<sup>th</sup> December at the Y-Grow Campsite at Dumasooriya, Madampe. Scouts of the Air Troop and Land Troop took part and were able to secure the two Pennants awarded- the highest award received at the inspection held. At the Grand opening of the camporee Alethean scouts performed the opening dance.
11. A special programme for parents was organized on the 3<sup>rd</sup> of January, 2018 in appreciation of their support and encouragement given to the scouts.
12. The 2<sup>nd</sup> Annual Colors Night was organized on the 17<sup>th</sup> of February. The event was graced with the presence of Mr. Janaprith Fernando Deputy Chief Commissioner Scouting Sri Lanka with the District Scout Masters and school management in attendance.
13. Eleven scouts took part in the RAWO Camporee organized by the Central college of Kekirawa from the 21<sup>st</sup>-25<sup>th</sup> of February 2018
14. A Training program was organized by the Eco- Friendly Volunteers Supported by phoenix Industries Limited to educate the scouts about the 10R system and eco-bricks..
15. Mr Sooriyabandara the Scout Master was appointed as a member of the Executive Committee of the Colombo District Association.
16. A few scouts represented the school at the Avurudu programme organised by Ananda college scouts
17. The 6<sup>th</sup> Annual Spring Vacation Camp was held from the 17<sup>th</sup>-22<sup>nd</sup> April in school. A new set of skills were learnt and exhibited by all those who attended it.
18. Scouts took part in Amal International School's Ifthar Program on the 26<sup>th</sup> of May.
19. Mr Sooriyabadara was appointed as the Leader in Charge for Knowledge Based Activities at the 53<sup>rd</sup> Camporee

20. The 3<sup>rd</sup> Annual Ifthar Program was organized on the 2<sup>nd</sup> of June in the senior school premises, Ananda College, Sea scouts and St. Thomas College joined us in the breaking of fast
21. World Cycle Day was successfully celebrated by 11 scouts and their supportive parents who took part in the parade at Defence College and Ananda Shasralaya, held on the 3<sup>rd</sup> of June.
22. Eight Air Scouts and Eight Land scouts took part in the Mayor's Flag Competitions on the 23<sup>rd</sup> of June. For the 1<sup>st</sup> time in Alethean history senior scouts Dwain, Chamu, Lakindu, Abdul and Chanaka took part in the CPJ competition acquiring new skills and knowledge.
23. Eight scouts took part in the Zahira College Centenary Jamboree held from the 13<sup>th</sup>-15<sup>th</sup> July and emerged victorious acquiring 2 pennants for the inspection
24. 37 scouts took part in the 53<sup>th</sup> Annual Camporee held at Viharamaha Devi Park from the 9<sup>th</sup>-14<sup>th</sup> August 2018. This was the first time Alethea had sent such a large delegation of scouts.
25. President Award which is the final life achievement, a scout (during his school life) could win, was bestowed to Andrew Bernard by the Chief Scout of Sri Lanka.
26. Teachers in charge of cub scouts Ms. Nathalie, Ms. Harshani and Ms.Thiloka attended the cub leaders workshop which was held on the 2nd June at St.Thomas Preparatory School.
27. Cub investiture ceremony was held on the 25th of July 2018 and eight recruits were invested as cub scouts on this day.
28. The Alethean scout group is proud to announce that the following progressive awards were won by the scouts during the course of the academic year 2017/2018.

Scout Masters Award –First Class	Group Scout Masters Award- First Class
Naveen Welikanna	Adheeb Abdurrahman
Umar Arsath	Sanuja Perera
Mohomed Atheef	Vishmith Sashirik
Arith Muthumala	Umar Arsath
Rayyan Rishard	Arith Muthumala
Saicharan Gnanaprakasha	Rayyan Rishard
Yesith De Soysa	Yasith De Soysa
Sesath Minnada	
Nathan Smith	
Thinuga Fernando	
Yoosuf Inaam	
Ibraheem Inaam	

- **Chess**

***“Chess helps you to concentrate, improve your logic. It teaches you to play by the rules and take responsibility for your actions, how to problem solve in an uncertain environment.” Garry Kasparov***

**Coach:**

**Mr. Yasas Kalana Kuruwitage**

**Teacher In Charge:**

**Ms. M. Krishnawerny, Ms. Felishiya Nanayakkara**

At present there are fifty students in the chess club as chess players. . Regular chess practices were conducted every Monday and Friday. The Inter International school Chess Tournament was held on the 6th & 7th July 2018, organized by Regent International College, Gampaha. The Under – 12 & under – 16 teams participated in the tournament from our school. The Inter House Chess Tournament was held on the 9th of July 2018. Catharine House won the championship.

- **Mother Sri Lanka**

***“Successful people have a social responsibility to make the world a better place and not just take from it.” Carrie Underwood***

**Master in Charge - LZTMB Sooriyabandara**

**Student Advisor - Andrew Bernard**

**Student President - Rusiru Adharshana**

The members of the club were very busy in doing their Sustainable Project - Renovating a public well for the good use of the people of Katuwala region. The project was selected from Zonal level and Provincial Level .

## **SPORTS**

***“Most of us start out playing a sport as a means of fun and recreation. But somewhere along the way, in the midst of all the fun, we realize that sports can often be a metaphor for achieving success in life, because of the lessons it teaches us about life”***

It is with pride that I mention the sportsmen and women of Alethea, who have achieved much during the past year. Though small in number, they have proved that with the essential guidance, encouragement and also with the skills as well as hard work they can achieve many victories. Thus it is with gratitude that I mention all the coaches and athletes of Alethea.

- **Athletics**

**“Athletics is not about records, it’s surpassing your own fitness level”**

**Derrick Doucet**

**Coach:**

**Mr. Jayashantha Fernando**

**Teacher in Charge:**

**Ms. Tania Dirckze**

From September 2016 to August 2017, Aletheans participated in the following sports events and received awards.

1. ISAC was held on the 24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup> of February 2017 at Mahinda Rajapaksha Stadium, Diyagama. Around 30 students participated in the event and the following received awards.
  - Sanduni Perera placed 2<sup>nd</sup> in Shot Putt (under 19 girls)
  - Tatiana Dirckze placed 2<sup>nd</sup> in 110m Hurdles (under 17 girls)
  - Dinara Bandara Dela placed 2<sup>nd</sup> in 100m (Under 13 girls )
  - Risuru Akarshana placed 3<sup>rd</sup> in 400m (Under 17 boys )
  - Relay Team placed 3<sup>rd</sup> in 4x100m & 4x400m (Under17 boys )
  - Participants are Akarshana, Adarshana, Yoonus & Yeash.
2. The Annual Inter House Sports Meet was held on 10<sup>th</sup> March, 2017 at Mahinda Rajapaksa Stadium, Diyagama. Two days of heats were conducted. Further, drill displays were conducted by the primary school and the senior school. The senior drill was categorised as an Inter House event. Hapugalle House obtains the first place.
3. Zonal Meet was held on the 22<sup>nd</sup> & 23<sup>rd</sup> of March 2017 at Prince of Wales College. The following participants received awards.
  - Sandishi Liyanage placed 2<sup>nd</sup> in 100m & 200m (Under 16 girls )
  - Sharmalie Parameswaran placed 3<sup>rd</sup> in Shot Putt (under 16 girls)
  - Tatiana Dirckze placed 1<sup>st</sup> in 100m Hurdles & Triple Jump (under 18 girls)
  - Dinara Bandara Dela placed 1<sup>st</sup> in 80m & 100m (Under 14 girls)
4. Western Province Athletic Championship Meet was held on 19<sup>th</sup>, 20<sup>th</sup> 21<sup>st</sup> & 22<sup>nd</sup> June 2017 at Mahinda Rajapaksha Stadium, Diyagama. The following participants were took part in the events. The following students took part in the event:
  - Dinara Bandara Dela placed 2<sup>nd</sup> in 80m (Under 14 girls)
  - Sandeshi Liyanage
  - Sharmalie Parameswaran
  - Tatiana Dirckze
5. The Sir John Tarbet Junior Athletic Championship Meet – Stage 1 was held on 30<sup>th</sup> June & 01<sup>st</sup> July - 2017 at Rajasinghe Central College, Hanwellla. The events were conducted under the following age categories. Under 12 ,13,14,15 boys and girls. A

number of participants took part in the event. The following students took part in the event:

- Dinara Bandara Dela placed a Merit Award in 100m & 200m (Under 14 girls)
- Senitha Thanippuliarachchi
- Pamodh Gunawardena

6. The Sir John Tarbet Senior Athletic Championship Meet was held on 04<sup>th</sup>, 05<sup>th</sup> & 6<sup>th</sup> July - 2017 at Mahinda Rajapaksha Stadium, Diyagama. The events were conducted under the following age categories. Under 16, 18 & 20 boys and girls. A number of participants took part in the event. The following students took part in the event:

- Sandeshi Liyanage
- Yenusha Fernando

7. G.S Meet – Level 1 was held at Mahinda Rajapaksha Stadium, Diyagama.

- Sandeshi Liyanage placed 1<sup>st</sup> in 100m, 200m & Long Jump.

8. G.S Meet – Level 2 was held on 30<sup>th</sup> July, 2017 at Mahinda Rajapaksha Stadium, Diyagama.

- Sandeshi Liyanage placed 3<sup>rd</sup> in 100m

9. Youth Athletics Championship Meet – Level 1 was held on 25<sup>th</sup> June - 2017 at Sugathadasa Stadium.

- Sandeshi Liyanage placed 1<sup>st</sup> in 100m & 200m

10. Youth Athletics Championship Meet – Level 2 was held on 06<sup>th</sup> August - 2017 at Sugathadasa Stadium.

- Sandeshi Liyanage placed 3<sup>rd</sup> in 100m

#### • Badminton

***“Those who play badminton well take decisions quickly.” Dmitry Medvedeva***

**Coach: Mr. Kamal Gamalath / Mr. Krishantha Godahewa**

**Teachers In Charge: Mrs. Juwanita Simion Ms. Zuhaida Silva, Ms. Kalanika**

Weekly practices were held at the Fingara Badminton Court and Sigma Badminton Court Morattuwa. Aletheans took part in the Inter International Schools Badminton Tournament 2018 organised by OKI International School held at SLBA, where the boys' team reached the quarter-finals.

The Under 17 and 19 Boys Badminton Teams participated in the Zonal Badminton Tournament

Alethean players took part in the junior national badminton championship in all three age categories which were Under 15,17 and 19 boys. The Under 15s' and 17s' players gained experience and exposure while the under 19s had their last year of playing in school.

During the year, we bid goodbye to Mr. Gamalath and welcomed the new coach Mr. Godahewa. Under Mr. Godahewa's guidance training schedules were modified to enable players develop their skills and abilities according to their respective age groups.

- **BASKETBALL**

*"I came to coach basketball players, and you became students. I came to teach boys, and you became men." Coach Ken Carter*

**Coach:** Mr. Pranath Fernando & Mr. Charles Perera

**Teacher In Charge:** Mr. Quintus De Silva

A young team took part in the Under 15 Tournament organized by TISSL. Many friendly matches were played by the young team in preparation to play the C division matches.

Alethea host the C division Boys H Group. The matches were played from the 18 to the 20<sup>th</sup> of March 2018. The team reached the pre-quarter finals in the C division.

- **FOOTBALL**

*"I am constantly being asked about individuals. The only way to win is as a team. Football is not about one or two or three star players." Pele*

**Coach:** Mr. Quintus De Silva

**Teacher In Charge:** Mr. Tanjana Chamikara

A football tournament to attract young players was organised in October 2017. The seniors changed roles from being players to managers, coaches and referees. Due to their efforts we were able to attract a good number of players.

1. The Alethean team took part in the International schools under 18 football tournament 2018. Unfortunately, this was the second time the team was out in the group stage of a tournament.
2. Aletheans took part in the Inter School Futsal Tournament - RAISE (RECONCILIATION-ALLEVIATION-INSPIRATION-SOCIAL RESPONSIBILITY-ENGAGEMENT) which was held at Thurstan College Grounds, on 28th January 2018.
5. Alethea beat Minhal Football club 2-nil. Vishal and Ziyard were the goal scorers. In the second group match Alethea beat Amal International School. 2-Nil, with Nazik and Ziyard scoring the two goals. In the third group match, Alethea beat Royal Institute 1-Nil. Vishal was the goal scorer. Alethea progressed to the knockout stage of the tournament and beat Asian International 2-1 in the quarter-finals. Atheeque and Vishal scored for the team. In the semi-finals Alethea lost to Belvior College International on penalties after the match remained scoreless at fulltime.

6. The Dehiwala Divisional Football Under 18 Tournament was held at Railway Grounds –Rathmalana on 26<sup>th</sup> and 27<sup>th</sup> February 2018. The tournament was on knockout basis. Alethea received a walkover in the first match, and beat Kothlavalapura MMV in the second match. In the finals of the tournament Alethea played a very strong Thomian team and lost on penalties after holding them to a goalless draw. The team consisted of only 11 players as younger players were not allowed to play.
7. Alethea took part in the under 16 football tournament conducted by Elizabeth Moir School. Alethea was in Group D, along with Gateway Rajagiriya and Lyceum Ratnapura. Alethea lost to Gateway Rajagiriya who were the all island runners up 7-nil and had a great come back when they beat Lyceum Ratnapura 4-1. In the quarter final stage Alethea lost to British School 4- nil.
8. The Under 12 team took part in their first ever Futsal Tournament which was organized by CIS, Colombo. Despite losing their first three matches the team managed to draw 1 all with Asian International.

## **KARATE**

***“Karate aims to build character, improve human behavior, and cultivate modesty; it does not, however, guarantee it.” Yasuhiro Konishi***

**Coach: Mr. Ranuka Sanjeewa**

**Teacher In Charge: Ms. Aadila Hassim**

We proudly say that the past year has brought in a noticeable increase in the number of karatekas under the coaching of Sensei Ranuka Dissanayake guided by the teacher in charge. Practices happen consistently once a week every Thursday from 1.30 – 2.30 p.m. in the Primary school premises & 2.30 - 4.30 p.m.

In the senior school with a bunch of enthusiastic young karatekas ranging from under 10 to under 20.

At the Inter International Karate Tournament 2017 organized by Leeds International School, Nethuli Perera won a Gold medal, Kulindu Perera a Silver Medal and Nirubama Ananthlaxmy a Bronze medal respectively.

## ● **NETBALL**

***“When we were on court together we played for each other - we didn't play for ourselves. It was all about creating space.” Sharelle McMahon***

**Coach : Ms.Biyangika Fernando**

**Teachers In Charge : Ms. Shaziya Amir & Ms. Suvini de Silva**

Aletheans have shown interest in netball under the leadership of the coach Ms. Biyangika Fernando and participated in the Inter International Schools Netball Tournament 2018 - under 20 girls hosted by Ilma International School.

The teachers in charge assist in the bi-weekly practices which are held on Tuesdays & Thursdays. The focus has been on physical fitness and strength training in order to form a team for the next inter school tournament.

- **SWIMMING**

*"In training everyone focuses on 90% physical and 10% mental, but in the races its 90% mental because there's very little that separates us physically at the elite level". Elka Graham*

**Coach:** Mr. Mahi Chandrala

**Teacher In Charge:** Ms. Nishani Peiris

Swimming lessons for the academic year were conducted on a weekly basis at the Fingara swimming club, throughout the year with one senior coach and two assistant coaches. Around 40 students from the primary and 30 students from the upper school attended the lessons every week