



School
International School

ANNUAL REPORT 2016/2017

PRIMARY SCHOOL

"Free the child's potential, and you will transform him into the world."- Maria Montessori

In the primary the classes are from the Nursery – age 2 ½ to Grade 4. We are the only school in Sri Lanka where the students are provided with curriculum of both Cambridge exams and the local English medium from the initial stages. A firm foundation is laid in the primary nurturing the students to give of their best, and to achieve best results in the competitive examinations held at the end of their school career. Many an exposure is given to the students from the nursery going up to the higher grades, where practical activities are planned out to teach them facts of educational value.

This year has been a year filled with academic and non-academic achievements with the finals of many annual competitions being held right throughout the year. Encouragement was given for participation causing much enthusiasm and an increase in numbers. The primary children and their active hard working teachers were in the forefront of all the school programs, bringing out the best in each child.

Co-Curricular Activities

Many awards were achieved in extracurricular activities namely dancing, drama, sports, etc. All co-curricular activities & sports are offered to students of 'Alethea' with qualified staff conducting them. Every child is given the opportunity to join in all school activities, which have been made compulsory to all. The children are encouraged to participate at Zonal, Provincial & District competitions.

World Children's Day

The Primary celebrated World Children's' Day on 3rd October, 2016. The Children's Day celebration was held in the Senior School with children talking of the history and the importance of the day.

World Teachers' Day

World Teachers' Day was celebrated together with the Senior School on 6th October, 2016. Teachers were given tokens of appreciation by the students. Students performed various song and dance items which were enjoyed by the teachers.

Grandparents Day

Grandparents' day was celebrated on 21st October 2016. Grandparents of the students enjoyed a morning of games, song and dance after which each child posed for a special photograph with his/her grandparents which were presented to them as a souvenir.

New Comers Day

New Comers' day was held on the 14th of September, 2016, for Alethea International School and 16th January, 2017 for Alethea School. The new students were given a warm welcome with delightful speeches, song and dance items by the present students. Primary teachers and staff were introduced to the parents. The teachers welcomed them with a token and Mrs. Kumari Hapugalle Perera addressed the gathering.

Mini Graduation

The Mini Graduations of Alethea School and Alethea International School were held on 7th December, 2016, and 4th August 2017 respectively. The Primary students were promoted to the Senior School and the Nursery students were promoted to Grade 1. Ms. Kumari Hapugalle Perera, CEO/MD of Alethea, was the Chief Guest at these occasions.

Competition- English and Sinhala Drama

English and Sinhala drama competitions were held for the 2nd consecutive year for the primary school. The English drama competition was held on 14th February 2017 while the Sinhala drama competition was held on the 28th of June 2017. This brought out a lot of talent of the students and teachers alike.

Class Excursions

The Nursery students were taken to a Fun Factory on 24th May 2017, and treated to a day filled with fun activities.

In addition to the excursion the following activities were held by the LKG/UKG students.

LKG - An Activity on Hygiene, A cookery day and A Red Indian Day

UKG - A Cookery Day and A Hat Day

LKG / UKG - A water day

The Primary School from Grade 1 upwards were taken on an excursion to the Air Force Museum on 12th July 2017. The children were able to observe many things and enjoyed themselves while learning.

Parents' Special Meetings – Grade wise

Meeting for the parents were held on 8th August 2017, to discuss any concerns they had and to improve the standards of teaching in the primary.

LEARNING RESOURCE CENTRE

“Just like the beautiful flowers in a garden God’s Children come in different shapes, sizes, colours and abilities. Yet like the flowers, each one is beautiful and has his or her own special gift to offer the world. Unfortunately, the world seems to accept only those who conform to its dictates.”

Approximately 800 million young children worldwide are affected by biological, environmental and psychosocial conditions that can limit their cognitive development. In Europe, recent estimates place the number of children with Special Educational Needs (SEN) at 15 million. SEN is not a disease. It is a correctable deviation of a child’s psychological being, which can be normalized to a greater extent the sooner it is identified and accepted by both parents and teacher alike.

The Learning Resource Centre (LRC) of Alethea School & Alethea International School is a centre for children with Special Educational Needs (SENs). Headed by Ms. Sharon Fernando team comprises of Ms. Yoga Loganathan and Ms. Amali Perera. Two other qualified teachers have joined the LRC and we bid a warm welcome to, Ms. Dayana Darshani, who is a past student of Alethea and comes with experience in working in a leading international school as a Special Needs Teachers & Ms. Natali Peris who has experience in working with children at an international level. We are proud to state that Ms. Sharon Fernando is currently in the UK reading for her Masters in Special Needs and will be back next September with new ideas to take the unit forward. Though miles apart she will continue to monitor and guide the unit.

At the LRC the teachers strive to identify students who face challenges in their education as well as their well-being and to provide them with the skills necessary to empower them to become active members of the society by helping them to reach their potential by utilizing their individual strengths. The teachers provide a caring community where they meet the students’ diverse academic, social and emotional needs.

The LRC places emphasis on the following:

- Employ special educational strategies and techniques during lessons to improve students’ language, cognition and memory.
- Help students acquire socially acceptable behaviour as determined by their Individualized Education Plans (IEP) by employing techniques in a positive behavioural support system.
- Modify the general education curriculum for students with Special Educational Needs so that they benefit from classroom instructions.
- Integration of IT skills and Life Skills Training in to their IEPs.

- Develop plans for effective communication for students in the classroom setting.
- Meet with parents to discuss their child’s progress and to determine priorities for their IEPs.
- Provide counselling for students with behavioural and emotional problems.

At the conclusion of the academic year July 2017 the LRC comprised 26 students as follows:

Section	Number of Students
Primary School	11
Middle School	6
Senior School	9

Robert John Meehan said, “Every child has a different learning style and pace. Each child is unique, not only capable of learning but also capable of succeeding.” That is our mission at LRC and we are committed to achieving it.

ANNUAL EVENTS

- **Annual School Concert**

The annual concert was held on 5th November 2016, at the Bishop’s College Auditorium. The participants ranged for 2 ½ year olds to 19 year olds. The first half of the programme saw the entire primary school on stage as they sang, danced and performed much to the enjoyment of all present. The latter half of the programme was transformed into a cultural celebration by students of the middle and senior schools with a kaleidoscope of dance, song and drama. Needless to say it was an unforgettable night.

- **Independence Day**

To mark the importance of this day a special assembly was held in the senior school premises on the 2nd of February. Students of the primary were dressed in national costumes and actively participated in speeches, traditional dances and skits along with students of the senior school whose presentations were commendable. The national day celebrations concluded with a message from the chairperson Mrs. Kumari Hapugalle Perera.

- **Sports Meet**

The Annual Inter-house Athletics meet was held on the 10th of March, 2017, at the Mahinda Rajapakse Stadium, Diyagama. Two days of heats preceded heavy competition which was visible on the final day. All athletes exhibited true sportsmanship and took part with enthusiasm.

- **Avurudu Celebrations**

The Sinhala & Tamil New was celebrated in the senior school premises on the 4th of April, 2017, with the participation of the School management, teaching and non-teaching staff, support staff and children. The occasion was celebrated with much enthusiasm giving prominence to the Sinhala and Tamil cultural heritage. The lively competitive events were equally enjoyed by the young and the old.

- **National Day of the Maldives**

The Maldivian community of Alethea got together and celebrated its 52nd Independence day with colourful events where the Maldivian culture & traditions were shown through song, dance and music. A traditional meal was organised by the parents of the Maldivian students after the programme.

- **The Annual Christmas Party**

The children had their Annual Christmas party on 2nd December, 2016, in the Senior School premises. The students had fun and danced with the teachers despite the bad weather. They had the snacks and drinks provided by school. But the most exciting part was when Santa came to visit them! The children shrieked with excitement and enjoyed the gifts given and toffees handed out.

- **Esela Perahera**

The Esela Perahera was held on 3rd August, 2017. The children of different religious backgrounds participated in this traditional cultural event. It consisted of students from Nursery up to Grade 4 parading along the Galle Road and back to school. Children, parents, teachers and by-standers enjoyed watching the little ones going along the road with a vibrant elephant made by the Staff of the Primary. The perahera finished at the Senior school premises where the children were treated with drinks to quench their thirst and enjoyed dancing to the papare tunes played by the band.

- **Class Excursions**

Students in both the middle and senior school were taken on class excursions and field trips which were carefully planned, bearing in mind the age group, number of students and relevance to curriculum. In most classes students participation ranged from 90 – 100%. Class teachers and a few subject teachers accompanied the students. Places of historical significance were chosen as the destination by many classes.

ACADEMIC ACHIEVEMENTS - ALETHEA INTERNATIONAL SCHOOL

“It is the mark of an educated mind to be able to entertain a thought without accepting it.” Aristotle

Cambridge International Examination – London

We owe our gratitude to Ms. Panchalika Kulatunga -Schools Development Manager – CIE Sri Lanka for her continuous assistance and support rendered to us throughout the year. CIE provides our teachers with continuous training in their professional development and updates all changes in specific subject areas, so that the students are exposed to a rigorous learning process in order to fit into a competitive world.

Cambridge Examinations May/June 2017

19 students sat the G C E (O/L) Cambridge (CIE) – May June Examination this year and have done the school proud with very good results in all subjects. We are proud of our Aletheans, most of who have been with us from their early years. Today we celebrate their success and I wish them the very best as they pursue their advanced level education in Alethea and firmly believe that they will do their school proud and remain loyal at all times.

G.C.E Cambridge O/L Examination May – June 2017(*Subject wise summary*)

<u>Subject</u>	<u>%</u>	<u>Teacher</u>
English Language	100%	Ms. Nirosha Navaratnam
Mathematics	100%	Mr. Thanjana
Environment Management	100%	Dr. T.G.A Sisira
Economics	100%	Ms. Sujatha Perera
Business Studies	100%	Ms. Nishanka Pitadeniya
Principles of Accounts	100%	Ms. Aadila Abdul
Physics	100%	Dr. T.G.A Sisira
Biology	100%	Ms. Bhagya Siriwardena
Chemistry	100%	Ms. Anoma Sandamali
Literature in English	100%	Ms. Nirosha Navaratnam
Computer Science	100%	Ms. Apsara Gunaratne
Sinhala	100%	Ms. Ellen Kumarasinghe
Sociology	100%	Ms. Shiva Tavasoli
Travel & Tourism	100%	Mr. Pranath Fernando

Our best wishes and congratulations to the following students who obtained the best results:

- Aadil Jismy 3A* 4A
- Ayesha Jawed 2A* 6A 1B
- Hana Mohamed 2A* 5A 1B
- Mishani Ketheswaran 2A* 4A 2B
- Dilon Stephen 1A* 6A IB IC

G.C.E Cambridge AS & A/L Examination May- June 2017 (*Subject wise summary*)

Subject	%	Teacher
Mathematics	100%	Mr. Asiri Bandara
Economics	80%	Ms. Sujatha Perera
Principles of Accounts	100%	Mr. Chinthana Saputhanthi
Physics	100%	Dr. T.G.A Sisira
Biology	100%	Ms. Bhagya Siriwardana
Chemistry	100%	Mr. I.A Wickramaratne
Computer	86%	Ms. Apsara Gunaratne
English	83%	Ms. Nirosha Navaratnam
Business Studies	88%	Ms. Nishanka Pitadeniya

Our best wishes and congratulations to the following students who obtained the best results:

- Manish Sureshkumar 3A*, 1A
- Amaan Fazeer 2A*, 1A

- Cambridge High Achievers Awards Ceremony –November 2016

Two of our students brought much credit and pride to Alethea, when they were recognised for their outstanding results at the Cambridge High Achievement Awards Ceremony which was held in November 2016.

- Udyani Perera was awarded the world prize for Business Studies (G.C.E Ordinary Level examination May/June 2016)
- Minusha Weerasuriya was awarded highest mark scored in Sri Lanka for Advanced level Accounting (November 2015)

Our heartiest congratulations to both these students for their achievement, and we wish them the very best in their future endeavours

Edexcel Examinations London

Our heartfelt thanks go out to Premila Paulraj Regional Director Pearsons South Asia, and her efficient team, who have gone out of their way in promoting Edexcel examinations as well as training programs for teachers.

Each year Alethean students who continue to express a keen interest in art and design are prepared for the exam conducted by Edexcel Examinations London. In the past academic year Edexcel Examinations in Commerce & Mathematics for the Advanced Level were administered successfully.

IAL Examination (Edexcel) May/June 2017 (*Subject wise summary*)

Subject	%	Teacher
Mathematics	80%	Mr. Asiri Bandara
Economics	80%	Ms. Sujatha Perera
Principles of Accounts	100%	Mr. Chinthana Saputhanthi
Business Studies	100%	Ms. Nishanka Pitadeniya

Best Results

- Afrah Singhawansa 4A
- Thisalee Anthony 3A

British Council

Our heartfelt thanks to the team at British Council for their continued support in assisting us with all administrative work relating to London examinations, and training programmes for teachers and students. I must make mention of Mr. Simon Creasey - Country Examinations Manager whose timely help and advice is invaluable to us. My sincere thanks to Tharindini Tennakoon, Amila Livera & Lasantha Karunaratne and for their assistance and support extended at all times

ACADEMIC ACHIEVEMENTS - ALETHEA SCHOOL

“The educated differ from the uneducated as much as the living differs from the dead.” Aristotle

My congratulations go out to all the high achievers and teachers who worked tirelessly round the clock and have done Alethea proud with excellent results once again.

G.C.E Local A/L Examination August 2016 (Subject wise summary)

Local Advanced level 2016 our students obtained 100% pass rate in Business Studies, General English and 83% in Economics. 85% obtained straight A's in General English and General IT in 2016. I would like to thank Ms. Apsara Gunaratne, Ms. Kajini Hapuarachchi, Mr. Chinthana Saputhanthi, Ms. Navomi Hadawela and Mr. Siddiq Haniffa.

GCE Ordinary level examinations – December 2016 (subject-wise summary)

Subject	Subject Teacher	%
Buddhism	Ms. Anusha Rambukwella	100%
Christianity	Mr. Quintus De Zilva	100%
Islam	Ms. Aadila Hassim	100%
Sinhala Language & Lit	Ms. Anusha Rambukwella	97%
English Language	Mr. Sultan Ahamed	100%
Mathematics	Mr. Thanjana	76%
History	Mr. L.Z.T.M.B Sooriyabandara	100%
Science	Mr. Gayantha Ekanayake	97%
English Literature	Mr. Sultan Ahamed	100%
Dancing	Ms. Janadari Salgado	100%
Art	Mr. Sandun Kudaligama	100%
Business & Accounting	Ms. Aadila Abdul	93%
IT	Ms. Navomi Handawela	97%

Our best wishes and congratulations to the following students who obtained the best results:

- Dulash Fernando 9A's
- Eranga Fernando 9A's
- Chamod Fernando 8A 1C
- Milini Nanayakkara 8A, 1C
- Avindu Rakshita 7A, 2B
- Anuja Perera 6A, 2B, 1C

TEACHER TRAINING PROGRAMS

"Knowledge is learning something every day." Zen Proverb.

Alethea's strength lies in its academic staff and therefore international and national

training programmes are provided to our teachers. Teachers who handle the London examinations attend face to face and online training workshops organised by both Cambridge and Edexcel Board of Examinations. These workshops and seminars were conducted during September – October, February – March and May-June

- **International Curriculum – Teacher Training Programmes**

Subject	Teachers
Pearson – Edexcel Principals' Network Meeting	Mrs. Kumari Hapugalle Perera Ms. Anitra Perera Mr. Asiri Bandara
Cambridge International Examinations Principals' Forum	Mrs. Kumari Hapugalle Perera Ms. Anitra Perera Mr. Asiri Bandara
Pearson – Edexcel Teachers Forum	Ms. Sujatha Perera Ms. Nishanka Pitadeniya
IGCSE Mathematics	Mr. Tanjana Chamikara
IGCSE Biology	Dr. Ruchira Devasurendra
Cambridge Secondary English	Ms. Suvini De Silva
Cambridge GCE O/L Accounting	Ms. Aadila Hassim Abdul
Sri Lankan Association for Child Disabilities Conference	Ms. Sharon Fernando

- **National Curriculum - Teacher Training Programmes**

Alethea being a Government recognized private School is entitled to the facilities of Teacher training and free books. Our thanks go out to the District Education Office and the Piliyandala Zone Education office for organizing various training programmes in updating the teacher knowledge in the National curriculum. During the course of the academic year, all teachers who handle various subjects attended workshops and seminars in order to familiarise themselves with the changes introduced to the new curriculum.

- **TISSL – Conference**

The 4th annual TISSL conference was held at Heritance Kandalama, from the 11th to the 13th of November 2016. Heads of School, Heads of departments and senior teachers attended this conference which included eminent speakers of international calibre who spoke on various aspects of the role of educators in the field of education.

- **Schools Now – Conference**

This year's theme was Teaching, Learning and Life Beyond School held on the 28 February – 1 March 2017. Over 300 school leaders from schools that are part of the British Council Partner Schools Global Network were present. The conference which

was designed for school leaders who wish to learn more about the three key areas of education in the 21st century, to share their experiences of these areas and to network with like-minded peers. Alethea sent over 10 participants which included members of the Management, Academic Board & Administration. The final day included a panel discussion which included students who had just completed their school career. We are proud to say, Minusha Weerasuriya a past pupil and a former head prefect of Alethea was part of the panel discussion.

- **Cambridge Schools - Conference**

Ms. Anitra Perera had the opportunity of attending Cambridge Schools Conference which was held from 8-9 September 2016. The conference provided an opportunity for teachers and school leaders from different countries and contexts to share knowledge and discuss common challenges in education. The main focus of our conferences is the professional development of Cambridge teachers and school leaders. We thank Ms. Panchalika Kulatunge for providing this opportunity for Alethea.

- **Empowering Women through Entrepreneurship and Business Innovation in Bangladesh, Nepal and Sri-Lanka**

Ms. Anitra Perera represented WCIC for the Australia Awards Fellowship 2017 programme (Empowering Women through Entrepreneurship and Business Innovation in Bangladesh, Nepal and Sri-Lanka) in Australia in May 2017. This was a program developed by the University of Southern Queensland(USQ) and was administered by the Australian Department of Foreign Affairs and Trade. The program comprised of a three week intensive interactive program conducted in six Australian cities, with several site visits to successful small enterprises run by women entrepreneurs and workshops with over twenty presenters who covered a wide range of topics relevant to accelerating and empowering women entrepreneurs.

CO – CURRICULAR ACTIVITIES

- **Art Society 'Creators World'**

“Art is man's constant effort to create for himself a different order of reality from that which is given to him.” Chinua Achebe

Teacher In Charge:

Mr. Sadun Kudaligama

The year under review was an eventful one for the art society aptly known as Creator's World, beginning with the appointment of new board members. Under the efficient guidance of the Art teacher a relatively young set of board members have shown keen involvement in the activities of the school. The students of the primary school made creative cards for the Mothers' Day and Fathers' Day. They also

exhibited their talents in art by making book marks and table cloths at the Art exhibition. At present preparations are underway for a competition organized by Bank Of Ceylon.

Modern Art Competition 2017 which was conducted by The Modern Art Colombo 7 saw our students participate and win two 1st places and two 2nd places. The Prize Distribution was held at the Hilton Hotel Colombo. The winners are Sajeenthran Prameshwaran , Shanella Sirimanne, Zaina Riaz and Pehara Gunathilake. The Art club did all the decorations in all the school activities throughout the year

- **English Department**

“One Language sets you in a corridor for life. Two languages open every door along the way” Frank Smith

Teacher In Charge:

Ms. Nirosha Navaratnam

The English Department has consistently worked towards equipping students with the necessary tool to shape their world. The English language, also known as the ‘International language’ brings with it, its set of rules and exceptions and complexities in understanding and applying the language.

At Alethea, the primary, middle school and senior school English language teachers work in collaboration to ensure a smooth and uninterrupted delivery of academic work. Students are trained to perfect the use of Standard English in their speech and written work while great emphasis is placed on creativity and imagination. To facilitate this, the faculty uses a variety of resources ranging from books, worksheets, group activities and audio/video aids to enhance learning.

Apart from the academic teaching which is periodically assessed through unit tests and term tests students are given the opportunity to take part in myriad activities which allow them to practice the English language. The following competitions were held during the academic year under 4 different categories

(primary/junior/intermediate/senior):

1. Creative writing
2. Spelling
3. Oratory
4. Debate (senior only)
5. Drama (primary & senior)

These competitions provide students with different channels through which they can express themselves. Many upcoming writers, poets, playwrights and orators have

been discovered and it is our desire that they will use their skills to shape the world they live in.

After all, "**The pen is mightier than the sword**" (Edward Bulwer-Lytton)

- **Commerce Society**

"Money, not morality, is the principle commerce of civilized nations." Thomas Jefferson

Teachers in Charge: Ms. Sujatha Perera & Ms. Nishanka Pitadeniya

2016/17 was a very eventful year for the commerce students. The year started with a factory visit to the Holcim cement factory in Galle where the students of grade 10, 11 and 12 participated. They watched and understood the production and packaging process of Holcim cement.

The national curriculum commerce students of Alethea school visited the Colombo stock exchange to understand the activities of the share market and how the stock exchange works.

The commerce students of the national curriculum organized subject seminars for the national O level students as their group project. Many schools from Colombo participated in this similar that was spread across two days.

The commerce students of Alethea took part in the commerce day activities of Ilma international and Lyceum International Schools and won first place in the poster, quiz and presentations.

They also took part in a quiz program conducted by APIIT successfully. Alethea school and international school took part in Marketing Rocks a competition organized by SLIM and was placed 4th out of many schools.

It is with immense pride that we place on record the world prize for business studies for Cambridge ordinary levels which was obtained by Udayani Perera catapulting the school to great heights.

- **Sinhala Literary Society**

Teachers in Charge: Ms. Ellen Kumarasinghe Ms. Anusha Rambukwella & Ms. Harshini Pathirana

The Sinhala Literary Society was re-launched in mid-June along with the appointment of new board members with Athsara Kudagamage as president, Shamara Sahill as Secretary and Fathima Amaanath as treasurer.

1. Students took part in the Speech, Hand writing, prose and General Knowledge competitions organized by the Piliyandala Zonal Educational office and 14 of them were placed 1st, 7 were placed 2nd and 6 were placed 3rd in their respective competitions.
2. At the Western Province Competition Sanduni Perera was awarded the first place for recitation and Sudari Ratnayake was awarded 1st place for both language and literary skills. Danushka Sandaruwan was placed 2nd in the speech competition while Rashali Charunya won 2nd place for language skills. Nethuli Perera was placed 3rd in the speech competition.
3. On the 27th of October 2016, Prof. Sarath Wijesooriya of the Sinhala Department, University of Colombo addressed the senior students on the importance of reading to commemorate “National reading Week”
4. Special mention must be made of Chagee Nethsala Dabare who won the all island essay competition organised by Sri Lanka Diabetes Federation.
5. In May 2017, 64 students in both the A Level and O level national curriculum, along with their subject teachers visited Anuradhapura and Polonnaruwa which gave them an awareness of historical monuments as well as artistic creations.
6. The Inter House Sinhala Drama competition was held for the at the S. De S. Jayasinghe Hall, in addition to the annual spelling, creative writing and oratory competitions.
7. A fund raising project for the society was undertaken during the year with a chocolate cake raffle.
8. Students of Grade 8 (national) had the opportunity to watch a stage drama ‘Parassayo”

- **UN Club**

“Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop. “Dorothy Height

Teachers in Charge:	Ms. Navomi Handawela
President:	Haren Dissanayake 13N
Student Coordinator:	Shanaya Amath 13I

The UN Club has continued to provide a secure platform for students who wish to expand their horizons beyond mere classroom learning. Members are given ample opportunities to speak, debate and discuss world issues while maintaining diplomacy and decorum.

The UN Club has had an active year starting off with the Annual UN day which was celebrated on the 3rd November 2016, at the senior school premises.

The senior school students conducted a program under the theme “Sri Lanka’s progress and key achievements together with the United Nations. The speakers presented information on the following Millennium Development Goals

- Eradicate extreme hunger and poverty
- Achieve universal primary education
- Promote gender equality and empower women
- Reduce child mortality
- Improve maternal health
- Combat HIV/AIDS, malaria and other diseases
- Ensure environmental sustainability
- Develop a global partnership for development

Sri Lanka Model United Nations 2017 - Ten students from the UN Club took part in the 10th session of the Sri Lanka Model United Nations conferences in held from 2nd – 4th September 2017 at the BMICH.

Name	Class	Country	Committee	
Andrew Bernard	13N	Qatar	GA2	Economic and Financial Committee
Fathima Sidrah Yooseph	11N	Qatar	WHO	World Health Organization
Haren Dissanayake	13N	Italy	SC	United Nations Security Council
Jordan Nanayakkara	10I	Italy	WHO	World Health Organization
Mandini Mehara Silva	11N	Qatar	GA1	Disarmament and International Security
Onella Thambidurai	9I	Italy	GA1	Disarmament and International Security
Rometh Suriyarachchi	10I	Italy	GA2	Economic and Financial Committee
Shakeel Akash Amath	9I	Qatar	GA3	Social, Humanitarian and Cultural
Shanaya Amath	13I	Qatar	UNHRC	United Nations Human Rights Council
Kenula Kandanaarachchi	8I	Italy	GA3	Social, Humanitarian and Cultural

- **The Gavel Club**

Teacher in Charge: Ms. Oushala Uggoda

With the commencement of the new academic year the Gavel Club appointed the new committee, headed by M Salman Hamid to steer the way towards a successful year.

The 2nd Annual Speech Olympiad was successfully held on the 9th of November 2016 under the four age categories Primary, Junior, Intermediate and Senior.

The Gavel Club extended their helping hand as they visited the 'Apeksha' Cancer Hospital at Maharagama on the 7th of April 2017 to donate rations and to spend some quality time bringing a smile on to the faces of the cancer patients who suffer deeply from loneliness and depression.

Along with the monthly meetings, the annual guest lecture was held on the 21st of July 2017 which was conducted by Ms. Chathura Sooriyarachchi , Founder & CEO of Sopwin Creative Spectrum, who enlightened the group sharing the recipe for a scrumptious speech.

- **Prefects Guild**

Teacher in Charge: Ms. Anitra Perera & Mr. Pranath Fernando

Head Prefect: Shamalka Bandara & Zain Riyaz

Deputy Head Prefects: Lakshan Wijesooriya & Devon De Vesser

The New Guild was inducted in September 2016. Zain Riyaz and Shamalka Bandara were appointed as the Head Prefects, Devon De Vesser and Lakshan Wijesooriya as Deputy Head prefects and Uvindu Ratnayake as the Games captains to lead the new guild.

The annual social themed 'The Social' at the Havelock City Club House on the 14th of July 2017. A large gathering of past and present pupils along with the members of staff enjoyed a fun-filled evening. During the course of the year the guild was actively involved in all school events exhibiting great teamwork and leadership skills.

- **The Interact Club**

Teacher in Charge: Mr. Sultan Ahamed

1. Inter active- 2016

This project was organized by the interact club of Alethea International School and was held on the 7th of August 2016. This event was planned with the prime motive being to enhance the team spirit and increase the level of confidence as a team in order to have everyone working together in our future projects to make it a success. As the name suggests “Inter – Active” we had everyone interacting and working with each other in all the activities they did.

2. Installation Ceremony- 2016

The Interact club of Alethea International School had their 2nd Annual Installation ceremony on the 16th of February 2017. The registrations were open at 2:30 pm and the event procedure started at 3:00pm. The event was held in the school main hall. All interact clubs were cordially invited for the ceremony.

3. I Scream Interact- 2016

The Ice Cream stall project (I scream Interact) held by Interact Club of Alethea International School was a huge success and gained a profit of 5000 LKR. Donations of supplies were made from the club itself. All the supplies were given by the Interact community of Alethea International School. Therefore, no cost from the club was made. The project venue was the school premises. As such many other stalls were also organized by the club which were successful.

4. Cleaner and Greener 2016

The green life project organized by the Interact club of Alethea International School was held on the 24th and 25th of September 2016. The project was an initiative to promote the cleanliness and protect the greenery of our environment. The objective was to prevent the students of the school from turning a blind eye towards an unclean environment.

5. Coastal clean-up 2016

This project was organized by the Interact club of Alethea International School and was held on the 15th of October 2016 at the Dehiwala-Mt. Lavinia Beach. This event was planned with the members of the Interact Club. The main objective was to create awareness and provide a social service to the community, this was also a non-profit project

6. Achievements 2016-2017

The Interact Club of Alethea International School was presented with a Citation certificate for their contribution to the avenue of club service.

7. Basketball carnival 2017

The Interact club of Alethea International School organized a basketball carnival which was an Inter-Class basketball carnival. The event took place at the Alethean quadrangle on the 1st of August 2017 from 10 am onwards. The event was held on the last day of the school exams and was sort of a stress reliever for students. The event also consisted of performances from talented Alethean performers, exhibition matches were also held and over 10 teams participated in the event. The project chairperson for the event was Interactor Zimam who was supported by the rest of the club.

8. INTERACTIVE-2 2017

INTER-ACTIVE- 2 was held on the 6th of August in the school premises. INTERACTIVE is an activity day organised by the Interact Club of Alethea International School, only hosted for the interactors within school, thus making it a club-service project. As the word suggests, one of the most important parts of the Interact Club is to interact with each other. Doing this will not only build team spirit, friendship and unity, but will also allow the club to function much more smoothly by getting tasks done more easily and efficiently which is what the club hoped to achieve by the end of the event as the objective. The project chairperson for this event was Interactor Zaina and she was supported by the rest of the club.

9. Trash Hunt 2017

Trash Hunt 2017 was organized by the Interact clubs of Alethea International School and Royal Institute, held on the 15th of August 2017 in the Dehiwala beach from 2:30 PM to 6 PM. The project objective was to clean the beach around the Dehiwala-Mount Lavinia area since clean water is very important for the survival of both humans and animals, thus making it a green life project. By doing so not only did we do what we initially came to do which is clean the beach, but we also inspired the people around us to prevent littering in the beach. The project was approved by the Asst. commissioner of the Dehiwela-Mount Lavinia Municipal Council.

RELIGIOUS SOCIETIES

“Compassion is not religious business, it is human business, it is not luxury, it is essential for our own peace and mental stability, it is essential for human survival.” Dalai Lama XIV

- **Buddhist Society**

Teachers in Charge: Ms. Kajini Hapuarachchi

During the Academic year September 2016 to August 2017, The Buddhist Society of Alethea School and Alethea International School organized and assisted in the following events.

1. “Waru Pirith Pinkama” –

The Buddhist Society of Alethea organized a ‘waru pirith pinkama’ on 30th & 31st January 2017 to obtain blessings of noble triple gem for the School Management, Students, Academic staff and non-academic staff. A Heel dana pinkama also took place on the 31st for 10 monks.

2. Koho Ran Swaragamanaya` (New Year Celebrations)

The Buddhist Society of Alethea organized the New Year Festival. Various activities, events and traditional games were arranged along with the laying of the traditional New year table for the Alethean staff. The society contributed towards prizes for the

first three places of the class events and for the few open games for students as well as for the teachers.

3. Workshop on `How to make a Vesak lantern

This workshop was conducted by Mr. Sandun Kudaligama to assist students to improve their ability to make a standard Vesak lantern.

4. Vesak Lantern Competition

In order to commemorate the Vesak festival a Vesak lantern competition was organised for students of grade 5 and above. The competition which was held under two categories saw the enthusiastic participation of many teams. All participants were presented with certificates of participation while the winners received attractive prizes.

5. Vesak Sil Programme

The Annual Sil Programme was conducted in the temple premises with sermons, question and answer sessions held mainly in English. This year, there was an increase in the number of students who observed sil. The society provided breakfast and refreshments for all participants.

6. Buddha Rashmi Gee Harasara` (Bakthi gee Programme)

The annual Esala Bakthi gee programme was held at the S.De.S.Jayasinghe hall in Dehiwela from 6 pm to 8 pm. The primary school contributed five items and the senior school staged eight items. The staff also actively participated in the singing of sacred songs.. Two dance items were performed by the Aesthetic Department. A skit on `Sada Kiduru Jathakaya` was also performed.

- **Christian Society**

Teacher in Charge:

Mr. Quintus De Zilwa

The way of the cross a traditional Lenten practice was held under the guidance of Assistant Parish Priest of St. Mary's Church, Dehiwala. The management, heads of school, teachers parents and students participated.

As part of the founders say programme, the Christians students along with the staff watched the movie "exodus" after which themed discussions took place.

During the course of the year the senior students with all other Christian teachers took turns in conducting the religious assembly with much variety and enthusiasm. I also wish to put on record the music provided by Ms. Nelun Perera and Devon de Vesser and the encouragement given by all the Christian teachers.

- **Hindu Society**

Teacher in charge:

Ms. M. Krishnawerny

The Saraswathi Pooja ceremony was held on 5th October 2016 in the school premises and was attended by the management, heads of School, members of the staff, parents and students. The programme commenced with the lighting of the

traditional oil lamp. The special Pooja was performed by a priest. Regular religious worship and prayers were conducted every Monday morning for all Hindu students during the curse of the year.

- **Islamic Society**

Teacher in charge:

Ms. Aadila Hassim

President:

Amaan Fazeer(2016) & Shamara Sahill(2017)

1. Inter – School Islamic/Brotherhood Day Competitions – July 2016

The 30th Inter School Brotherhood day competitions were successfully held on the 30th of July 2016 with the participation of over 13 schools for Calligraphy, Quiz, Essay, Oratory and Qirath competitions. Judges were invited from outside for fair results of competitions.

2. Islamic/Brotherhood Day – November 2016

The 30th Islamic Brotherhood Day organized by the Islamic Society of Alethea School and Alethea International School was successfully held on the 5th of November 2016 from 6pm onwards at the Bishops College Auditorium with over 350 guests and 15 invited schools. The Chief Guest of the event was Hon. Minister Faizer Mustapha and Guest Speaker was Mr. Sheikh Arkam Nooramith. The surplus made by the event was generously donated to the Maharagama Cancer Hospital.

3. Ifthar – June 2017

The Annual Iftaar Ceremony organized by the Islamic Society of Althea was held on the 26th of June at the school quadrangle and reached a stepped up in heights by hosting eventful a grand ceremony with the participation of over 200 students and teachers of different beliefs. The Guest Speaker of the event was Dr. A.M. Millar (Principal – Zahira College)The surplus made by the society was donated to an elder’s home at Makola. The students accompanied by the teachers in charge visited the elders home and spent quality time with them.

4. Inter – School Islamic/Brotherhood Day Competitions – August 2017

The 31th Inter School Brotherhood day competitions were successfully held on the 8th of August 2017 with the participation of over 15 schools for Calligraphy, Quiz, Essay, Oratory, Qirath and Qaseeda competitions. Judges were invited from outside for fair results of competitions. Looking Forward to a fabulous and yet another grand Islamic/ Brotherhood Day in the following academic year.

EXTRA CURRICULAR ACTIVITIES

“Having children of different races in the same environment is one thing, but having them interact with each other while playing, and participating in extracurricular activities and also building friendships — that's just phenomenal. Our nation has come so far in such a short time.”

Angela Crawford

- **Dancing**
“Dance is the hidden language of the soul” Martha Graham

Teacher In Charge: **Ms. Janardari Salgado & Ms. Yogya Wijewardena**

We commenced the academic year with the blessings of the Pooja Dance, “Mangalam” on the 29th of September, 2016 at the Prize Giving. At the cultural show held in December it was lovely to see students of different religions and cultures presenting traditional dance forms and Sinhala folk items.

Glimpse of our performances

1. The Alethea Mini Graduation
2. Welcome item for the students on New Comers’ Day on the 16th of January 2017
3. A dance drama called “Nidahas Sithuwili” with 80 students representing all three categories namely junior, intermediate and senior on the 2nd of February 2017 for National Independence Day celebrations.
4. on the 28th of February 2017, the senior dance troupe of Alethea International School mesmerized the audience by performing “Mangalam “ at the opening ceremony of a training programme organized by British Council for the Schools Conference, held at the Cinnamon Lakeside.
5. 100 students of all age groups performed a 15 minutes dance drama called “Malvaram” on the 4th of April for the Sinhala Day.
6. the primary and senior school bands, who performed at the sports meet held on the March 10th at the Diyagama Mahinda Rajapakse stadium, were trained by the aesthetic department.
7. 80 students participated in the semi finals of the dancing competition on May 29th 2017.
8. 35 finalists performed at the dancing competition under the panel of zonal assistant directors Mrs. Sandya Podinilame and Mrs. Niroshini Peters. We are proud to say that our students were up to the standard and for the very first time we decided to select the best dancers of the junior and intermediate boys’ categories thereby displaying the interest boys have for dancing. We also distributed awards for the best male and female primary dancers, junior, intermediate and senior male and female best dancers of the upper school.
9. We were highly involved in training students in acting and playing background music at the Inter-House Sinhala Drama Competition held on the 28th of June, 2017 at the Jayasinghe Hall Dehiwela.

10. At “Bathi Gee Saraniya” of Alethea International School held on the 7th of July 2017 at the Jayasinghe hall Dehiwela, two dancing items, “Sandakinduru Jathakaya” and many songs were trained by the teachers of aesthetic department.
11. 14th July Inter –House Singing Competition and Solo Singing Competition. Best singer from the primary school and best junior intermediate and senior singers from the upper school were chosen.
12. “Esala Perahera” was a cultural pageant performed on the 3rd of August by the Primary school and it consisted of a variety of cultural dancing items like Goyam, Kulu ,Pot, Sawaram, Leekeli, Pantheru ,Thalam, Kawadi and also traditional dance items like Ves and Wadigapatuna.

- **Choir**

“Where words fail, music speaks.” Hans Christian Andersen

Teachers In Charge: Ms. Dharishika Bandara & Mr. Pranath Fernando

The school choir had an eventful year, as various members were given the opportunity to take part in competitions, and cultural programmes. Many aspiring soloists were identified during the course of the year at the singing competitions conducted in school. The choristers focused on harmonizing and have shown great improvement in their ability to sing as a group.

- **Scouting**

“Scouting rises within you and inspires you to put forth your best.” Juliette Gordon Low

Teacher In Charge(Boys): Mr. L.M.Z.T Sooriyabandara

Teacher In Charge (Girl): Mrs Thilanka Thudugalle

Teachers In Charge(Cub): Ms. Natali Win

The Alethean scouts have had a very eventful year with an increased participation in community projects, fund-raisers and scouting activities.

1. Scouts took part in The Mayor’s flag on the 10th of September 2016 at Payagala land scouts participated and were placed 8th the Air scouts were placed 11th.
2. September 23-25, The Cent An Jambo was organized by St. Anthony’s college, Kandy to celebrate their hundred years of scouting. Alethean scouts were able to win the 4th place at the site inspection.

3. October 28th, 2016 -the 5th Annual Scouts Halloween party was successfully organized with a lot of participation and thrilling activities that kept the night young. Many youth and talented artists performed at the Party.
4. Haaziq fhuazi and Uvindu Rathnayaka won their airman badge in the month of October 2016 .
5. The scouts of Alethea took part in a training camp organized by Science college which was held on November29-30.
6. The first ever Inter-Class Cricksal Tournament was organized which was held on 5th of December at Sarnankada grounds. With the participation of entire school the tournament was catagorised as - junior, intermediate and senior and a special match was held for the teachers.
7. The 5th Annual Winter Vacation Camp was held from 7th to 10th of December in the school premises. The scouts actively took part learning new skills and handling the camp procedures by themselves.
8. The Adventure Camp to celebrate 100 years of Ananda Scouting was held in December which tested the skills of our scouts and simultaneously enhanced them as well.
9. On January 5, 2017,The Scouts Executive Committee was appointed consisting of 8 Air Scouts and 8 Land Scouts. Dwain Bernard was appointed President of the committee.
10. On the 6th of January 2017, the scouts opened the refurbished scout room with all the teachers and parents participating.
11. The 27th of January marked the beginning of a tradition as the 1st ever Scouts Colours Night was organized to recognise the hard work and achievements of the scouts throughout the year. Mr Janaprith Fernando Deputy Chief Commissioner Sri Lanka Scouting graced the occasion as the Chief Guest.
12. The senior scouts of the troop - Andrew Bernard, Haren Dissanayake, Yoonus Hussain, Imaaz Mushtaq, Uvindu perera, Aathik Fazeel, Shashlanka Hettiarachi and Ziyad Ismail took part in helping out with the blood donation campaign that was organized by the District Association on the 21st of February 2017.
13. 8 air scouts and 7 land scouts took part in the AGM of Colombo District Association Branch on the 31 of March 2017.
14. The 2nd Annual inter-class Futsal tournament was held on the 3rd of April 2017 at the Saranakada grounds which highlighted the talents of many students and taught the scouts skills on having an event organized.
15. The 5th Spring Vacation Camp was held successfully from the 17th -20th of April 2017 in Kalutara Singhe Estate and school premises. scouts Dwain, Khaled, Lakindu Rathmanagolla, Abdurrahman, Abdullah, Aik, Ilhaam, Vishmith, Naveen, Mayiz, camped under the theme “scouting is nature

loving”, with activities related to surviving in the open environment without causing harm to it.

16. Senior scout Andrew Bernard won the Airman Badge which is the second highest award.
17. Aik Areef Ali and Abullah Imthikhab won their group scout masters award on the 26th April 2017.
18. On the 5th of May 2017, Miss Menaga joined as the new assistant teacher in charge.
19. On the 20th of May 2017 the 1st senior scout summit was held at the Hilton Hotel Colombo where Andrew Bernard was appointed head the committee and seniors Haren, Aathik, Abdurrahman, Hammed, Abdul contributed with their suggestions in improving the scouting experience for all scouts.
20. On May 27th 2017 senior scouts organised activities for cubs activity day.
21. The Colombo district scouts Iftar was held at Zahira College on the 18th of June 2017 with Rayyan, Shashlanka, Lakindu, Umar and Khaled displaying the brotherhood among scouts.
22. Hamdaan Hafeez won the scout masters award on the 20th of June 2017.
23. 10 scouts participated in the swimming gala on the 1st of July 2017 where the under 18 relay team consisting of Chanakya, Abdur, Chamu, Atheef emerged champions of their age category.
24. On the 8th of July 2017 Mr. L.Z.T.M.B. Sooriyabandara won his woodman badge.
25. Scouts Lakindu Rathmanagolla, Ilaaam salahudeen, Abdurrahman Imthikhab, Khaled Siraj Chanaka Fernando won their District Commissioner’s award.
26. The scouts of Lalith Athulath Mudali organized a training camp which was held from 14th to 15th July at the college premises. They had a lot of activities and training programs which brought out the enthusiasm of the scouts where Abdurrahman won the best leader award and Ruzni won the most enthusiastic scout award.
27. Chamodh Piyarathne won his D.C cord on the 29th of July 2017.
28. Sixteen Air Scouts and Nine Land Scouts participated at The Palinda Nuwara Friendship International Scout Jamboree organized by the Kaluthara District Scout Association.
29. Twenty Five scouts actively took part in the Leave No Trace program in Kaduwela done by Three Australian Management Trainer Scouters.

- **Chess**

“Chess helps you to concentrate, improve your logic. It teaches you to play by the rules and take responsibility for your actions, how to problem solve in an uncertain environment.” Garry Kasparov

Coach: Mr. Yasith Hirimburagama
Teacher In Charge: Ms. M. Krishnawerny

At present there are fifty students in the chess club as chess players. Regular chess practices were conducted every Monday and Friday. Last year unfortunately the Alethean chess team could not participate in the inter international chess tournament due to lack of time allocation for practices which clashed with various other school activities. The Inter House Chess Tournament was held on the 3rd & 6th of March 2017. Higgins House won the championship.

- **Mother Sri Lanka**

“Successful people have a social responsibility to make the world a better place and not just take from it.” Carrie Underwood

In Charge(Boys): Mr. L.M.Z.T Sooriyabandara
President - Irfan Salahudeen

The club was actively involved in many projects thought out the year. A new project was commenced in the month of May 2017 - Renovation of a Public Well. The club continuously takes part in the Edexcell Awards and National Awards competitions.

SPORTS

“Most of us start out playing a sport as a means of fun and recreation. But somewhere along the way, in the midst of all the fun, we realize that sports can often be a metaphor for achieving success in life, because of the lessons it teaches us about life”

It is with pride that I mention the sportsmen and women of Alethea, who have achieved much during the past year. Though small in number, they have proved that with the essential guidance, encouragement and also with the skills as well as hard work they can achieve many victories. Thus it is with gratitude that I mention all the coaches and athletes of Alethea.

- **Athletics**

“Athletics is not about records, it’s surpassing your own fitness level”
Derrick Doucet

Coach: Mr. Jayashantha Fernando
Teacher in Charge: Ms. Tania Dirckze

From September 2016 to August 2017, Aletheans participated in the following sports events and received awards.

1. ISAC was held on the 24th, 25th and 26th of February 2017 at Mahinda Rajapaksha Stadium, Diyagama. Around 30 students participated in the event and the following received awards.
 - Sanduni Perera placed 2nd in Shot Putt (under 19 girls)
 - Tatiana Dirckze placed 2nd in 110m Hurdles (under 17 girls)
 - Dinara Bandara Dela placed 2nd in 100m (Under 13 girls)
 - Risuru Akarshana placed 3rd in 400m (Under 17 boys)
 - Relay Team placed 3rd in 4x100m & 4x400m (Under17 boys)
 - Participants are Akarshana, Adarshana, Yoonus & Yeash.
2. The Annual Inter House Sports Meet was held on 10th March, 2017 at Mahinda Rajapaksa Stadium, Diyagama. Two days of heats were conducted. Further, drill displays were conducted by the primary school and the senior school. The senior drill was categorised as an Inter House event. Hapugalle House obtains the first place.
3. Zonal Meet was held on the 22nd & 23rd of March 2017 at Prince of Wales College. The following participants received awards.
 - Sandishi Liyanage placed 2nd in 100m & 200m (Under 16 girls)
 - Sharmalie Parameswaran placed 3rd in Shot Putt (under 16 girls)
 - Tatiana Dirckze placed 1st in 100m Hurdles & Triple Jump (under 18 girls)
 - Dinara Bandara Dela placed 1st in 80m & 100m (Under 14 girls)
4. Western Province Athletic Championship Meet was held on 19th, 20th 21st & 22nd June 2017 at Mahinda Rajapaksha Stadium, Diyagama. The following participants were took part in the events. The following students took part in the event:
 - Dinara Bandara Dela placed 2nd in 80m (Under 14 girls)
 - Sandeshi Liyanage
 - Sharmalie Parameswaran
 - Tatiana Dirckze
5. The Sir John Tarbet Junior Athletic Championship Meet – Stage 1 was held on 30th June & 01st July - 2017 at Rajasinghe Central College, Hanwellla. The events were conducted under the following age categories. Under 12 ,13,14,15 boys and girls. A number of participants took part in the event. The following students took part in the event:
 - Dinara Bandara Dela placed a Merit Award in 100m & 200m (Under 14 girls)
 - Senitha Thanippuliarachchi
 - Pamodh Gunawardena
6. The Sir John Tarbet Senior Athletic Championship Meet was held on 04th, 05th & 6th July - 2017 at Mahinda Rajapaksha Stadium, Diyagama. The events were conducted

under the following age categories. Under 16, 18 & 20 boys and girls. A number of participants took part in the event. The following students took part in the event:

- Sandeshi Liyanage
- Yenusha Fernando

7. G.S Meet – Level 1 was held at Mahinda Rajapaksha Stadium, Diyagama.

- Sandeshi Liyanage placed 1st in 100m, 200m & Long Jump.

8. G.S Meet – Level 2 was held on 30th July, 2017 at Mahinda Rajapaksha Stadium, Diyagama.

- Sandeshi Liyanage placed 3rd in 100m

9. Youth Athletics Championship Meet – Level 1 was held on 25th June - 2017 at Sugathadasa Stadium.

- Sandeshi Liyanage placed 1st in 100m & 200m

10. Youth Athletics Championship Meet – Level 2 was held on 06th August - 2017 at Sugathadasa Stadium.

- Sandeshi Liyanage placed 3rd in 100m

• **Badminton**

“Those who play badminton well take decisions quickly.” Dmitry Medvedeva

Coach: Mr. Kamal Gamalath

Teachers In Charge: Ms. Zuhaida Silva

The Inter International Schools Badminton Tournament 2017 was held at the Mercantile Badminton Court on the 3rd, 4th and 5th of March. This year’s edition of the tournament was organised by OKI International School, Wattala. Alethean Shuttlers became 2nd Runners Up in the Under 19 Boys

Vishwani Liyanage was the best player in the junior category in Zonal Badminton meet held in July 5 senior students participated in the zonal meet held on 8th and 9th of July. Final matches are yet to be confirmed

• **BASKETBALL**

“I came to coach basketball players, and you became students. I came to teach boys, and you became men.” Coach Ken Carter

Coach: Mr. Pranath Fernando & Mr. Charles Perera

Teacher In Charge: Mr. Quintus De Zilva

A young team took part in the Under 17 Tournament organized by Colombo International School in October 2016. Since May 2017, Mr. Charles Perera has been assisting with the regular coaching and training of players. For the first time in 4 years the Alethean basketball team took part in the tournament organised by the Basketball Association. The team reached the pre-quarter finals in the C division.

The Inter House Basketball Tournament was worked out on the Alethean Courts. Preston House emerged champions.

- **FOOTBALL**

“I am constantly being asked about individuals. The only way to win is as a team. Football is not about one or two or three star players.” Pele

Coach: Mr. Quintus De Zilva
Teacher In Charge: Mr. Sandun Kudaligama

Football has become a popular sport in the school but, it was noted that the players’ performance was affected due to some issues such as parental pressure to focus more on studies, various school activities, closure of school due to flood situations in the country and a lack of football equipment. The football club, organised various events such as Futsal tournaments and fund raiser stalls to purchase training equipment.

The Under 19 Inter- International School Tournament was organised by Royal Institute in October 2016. Alethea reached the quarter finals.

The Under 17 Inter- International School Tournament was organised by the British School in Colomb in march 2017o. Alethea reached the semi-finals and lost only on penalty shoot-outs. Alethea secured 4th place among all the international schools.

- **KARATE**

“Karate aims to build character, improve human behavior, and cultivate modesty; it does not, however, guarantee it.” Yasuhiro Konishi

Coach: Mr. Ranuka Sanjeewa
Teacher In Charge: Ms. Aadila Hassim

We proudly say that the past year has brought in a noticeable increase in the number of karatekas under the coaching of Sensei Ranuka Dissanayake guided by the 2 teachers in charge Mrs. Aadila Hassim and Mr. Sultan Ahmed. Practices happen consistently once a week every Thursday from 1.30 – 2.30 at the Primary and 2.30 – 4.30 pm at the senior school with a bunch of enthusiastic young karatekas ranging from under nines to under nineteen’s.

Nethulie Perera - Under 11 won a Gold Medal for Kumite and Silver Medal for Kata beating Lyceum International School Nugegoda and Gateway International School at the Inter International karate tournament organized by Leeds Internarional School

held in November 2016. The annual karate tournament organized by Leeds International School will be held the 1st week of October where 15 students have registered for both Kata and Kumite.

- **NETBALL**

“When we were on court together we played for each other - we didn't play for ourselves. It was all about creating space.” Sharelle McMahon

Coach & Teacher In Charge: Ms. Juwanita Jeganathan & Ms. Biyangika Fernando
Aletheans have shown interest in Netball under the leadership of the coach Mrs. Juwanita The teachers in charge assist in the bi-weekly practices which are held on Tuesdays and Thursdays. The focus has been on physical fitness and strength training, in order to form a team for the next inter-school tournament.

- **SWIMMING**

“In training everyone focuses on 90% physical and 10% mental, but in the races its 90% mental because there's very little that separates us physically at the elite level”.

Elka Graham

Coach:

Mr. Mahi Chandrala

Teacher In Charge:

Ms. Nishani Peiris

Swimming lessons were conducted as usual every Tuesday at the Fingara Club pool. The number of students attending swimming lessons has increased fairly well. The 25 primary students, and around 20 senior students attend lessons on a weekly basis. Six teachers are on duty for these sessions. Plans are underway for a Swimming Gala next term. Three of our students participated in the Fingara swimming Gala which was held in May 2017. In general all children show a keen interest in swimming and have shown improvement in their performances.